

The North American Scottish Games Association is dedicated to the promotion and understanding of Scottish Heavy Events competition in the United States and Canada and the appreciation of our Scottish heritage.

BOARD OF ADVISORS

- President: Fred Vaughan
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RECORDS: Revised - It has been agreed by the Board of Advisors that all American Records as accepted from 1976 with the formation of NASGA, be revised and that all future claims to records be made with minimum weights and maximum lengths of implements allowed in each Event. Also, at least five members of NASGA Advisory Board must approve new claims.

*Indicates a new Field Record listed herein; **indicates a new American Record. Field records are not noted at first year contests.

ORDER OF EVENTS: The normal order of events should be kept as uniform as possible. The format which works the best and is most acceptable to most of the athletes is as follows: STONE TOSS, 56 LB. WT., HAMMER, 28 LB WT., CABER, SHEAF, 56 HT.

GAMES:

- Prince Frederick Celtic Festival - May 12, 1979, Prince Frederick, MD.
Submitted by M. Reid. Sunny warm weather 65° and good throwing surface.

RESULTS

<p><u>28 LB. WT</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 53' 4" 2. P. Thomas... 34' 11" 3. J. Murray... 34' 4" 	<p><u>16 LB. STONE</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 40' 5" 2. P. Thomas... 33' 8" 3. M. Wenson... 33' 	<p><u>16 LB. HAMMER</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 95' 10" 2. P. Thomas... 78' 4 1/2" 3. J. Murray... 69' 9"
<p><u>SHEAF TOSS (16 LB)</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 23' * 2. E. McComas.. 21' 3. J. Murray... 20' 	<p><u>CABER (16' x 105 LBS)</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 12:15 2. J. Murray... NT 3. P. Thomas... NT 	<p><u>OVERALL</u></p> <ol style="list-style-type: none"> 1. M. Reid..... 30 Pts. 2. P. Thomas... 15 Pts. 3. J. Murray... 13 Pts.

- SPEYSIDE HIGHLAND GAMES - June 2, 1979, Georgetown, Ontario. Submitted by B. Whitman.

<p><u>CABER</u></p> <ol style="list-style-type: none"> 1. M. Milligan 2. G. Galway 3. D. Theriault 	<p><u>20 LB STONE PUT</u></p> <ol style="list-style-type: none"> 1. M. Milligan. 36' 1" * 2. D. Theriault 34' 4" 3. D. Markovic. 33' 2" 	<p><u>56 WT FOR HT</u></p> <ol style="list-style-type: none"> 1. A. Mooring.. 13' 5" * 2. D. Theriault 13' 3" 3. D. Markovic.
<p><u>56 LB WT</u></p> <ol style="list-style-type: none"> 1. A. Mooring.. 28' 2" * 2. D. Markovic. 27' 4" 3. P. Webb..... 27' 3" 	<p><u>CHAMPIONSHIP</u></p> <ol style="list-style-type: none"> 1. D. Theriault 16 Pts. 2. A. Mooring.. 15 Pts. 3. D. Markovic. 13 Pts. 	<p><u>FARMER'S WALK</u></p> <ol style="list-style-type: none"> 1. B. Whitman.. 214'

3. COLONIAL HIGHLAND GAMES - June 9, 1979, Fair Hill, MD

The Colonial H.G. invited six Heavies to the Seventeenth Gathering at Fair Hill, MD, just outside Newark, Delaware. The Steeplechase course was again the setting on a warm and cloudy morning as the competition began and the records started falling. Five field records were established including a new American Record of 78' in the 28# WT by Fred Vaughan.

Opening the competition with the 56 LB WT FOR DISTANCE, Ed McComas broke the existing record of 34' 1" set in 1978, with a toss of 36' 4". Not until Vaughan's 3rd and final throw was he able to take the lead with a toss of 37' 1/2". The 17# THROW again saw McComas set a Field Record, this time upping his own Field Record from 47' 9" to 48' 4" in winning the event. Vaughan edged McComas by 4" to win the 22# HAMMER.

The 4th event of the day was the 17# SHEAF TOSS which Pete Hoyt won with a new Field Record of 22' 2", breaking Ron Short's 1978 throw of 22'. After a two hour break for lunch and opening ceremonies, the Heptathlon resumed at 2:00 P.M. with the 28 LB WT. The old Field Record of 74' 1" set by Vaughan in 1976, was quickly erased as Vaughan hit 75' 3" on his first throw. This throw was followed by 75' 1" and then a new American Record of 78' by Vaughan. (The weight is 17 3/4" long and weighs 28 lbs.)

The CABER was short at 16' and only about 115 lbs. Most of the throwers managed near 12:00 but McComas won with two 12's and 11:30, followed by Arnold Pope and Fred Vaughan who tied for second. Mike Reid was third and Jim Pauli fourth. The final event, 56 LB WT, was won by Vaughan with a new Field Record of 14', breaking his 1978 mark of 13' 9".

The Heptathlon was won by Fred Vaughan, N. Myrtle Beach, SC, followed closely by McComas, Lutherville, MD, Michael Reid of Monkton, MD, Pete Hoyt, Altamonte Springs, FL, Jim Pauli of Pittsburgh, PA and Arnold Pope, Fayetteville, NC.

The crowd of about 10,000 had an enjoyable afternoon witnessing the Heavies Competition, the Sheep Dog Trials, Highland Dancing, Pipe Bands and the Fraser Highlanders.

Many thanks to McLean McLeod, Jim Flynn and the many others responsible for a well organized and smoothly run Games.

<u>56 LB WEIGHT THROW</u>		<u>28 LB WEIGHT THROW</u>		<u>17 LB. STONE THROW</u>	
1. F. Vaughan.. 37' 1/2" *	1. F. Vaughan.. 78' ** (Am. Rec.)	1. E. McComas.. 48' 4" *			
2. E. McComas.. 36' 4"	2. E. McComas.. 68' 5 1/2"	2. F. Vaughan.. 46' 2 1/2"			
3. M. Reid..... 30' 1/2"	3. M. Reid..... 60' 10"	3. M. Reid..... 41' 7 1/2"			
4. J. Pauli..... 28' 1"	4. J. Pauli..... 57' 10 1/2"	4. J. Pauli..... 37' 6 1/2"			
5. A. Pope..... 27' 3"	5. P. Hoyt..... 54' 1 1/2"	5. P. Hoyt..... 36' 5 1/2"			
6. P. Hoyt..... 23' 1/2"	6. A. Pope..... 53' 9 1/2"	6. A. Pope..... 34' 3"			

<u>CABER TOSS (15'6"--120 LBS)</u>		<u>22 LB. HAMMER THROW</u>		<u>56 LB. WEIGHT TOSS</u>	
1. E. McComas.. 12-12-11:30	1. F. Vaughan.. 80' 4 1/2"	1. F. Vaughan.. 14' *			
2. A. Pope..... 11:30-12:30-11 (Tie 2nd)	2. E. McComas.. 80' 1/2"	2. E. McComas.. 12' 6"			
3. F. Vaughan.. 11:30-11-11:30 (Tie 2nd)	3. P. Hoyt..... 72' 10 1/2"	3. J. Pauli.... 12' +			
4. M. Reid..... 1:00-10:30-11:30	4. M. Reid..... 70'	4. A. Pope..... 12'			
5. J. Pauli.... 12:30-F-F	5. J. Pauli.... 69' 7 1/2"	5. P. Hoyt..... 10' 6"			
6. P. Hoyt..... DNC	6. A. Pope..... DNC	6. M. Reid..... DNC			

+ = Won 3rd on fewer misses

<u>SHEAF TOSS</u>		<u>OVERALL STANDINGS</u>		<u>POINTS (6-4-3-2-1)</u>	
1. P. Hoyt..... 22' 2"*	Fred Vaughan.....	35 1/2			
2. F. Vaughan.. 21'	Ed McComas.....	30 1/2			
3. E. McComas.. 20" (Tie)	Mike Reid.....	15 1/2			
4. M. Reid..... 20' (Tie)	Jim Pauli.....	12			
5. J. Pauli.... 19" +	Pete Hoyt.....	12			
6. A. Pope..... 19"	Arnold Pope.....	6 1/2			

* = New Games Record

+ = Won 5th on fewer misses

4. All Comers Demonstration, Maxville, Ontario, Canada June 9, 1979.
 Officials: Don Bond, Lloyd Kennedy. Competitors: Dave Harrington, Frank Johnson, Ron MacDonnell, Roddy McCleod, Doug Fales. 80° - overcast - 95% humidity - good surface.
 Submitted by Dave Harrington.

<u>56 LB. WT (58#-16")</u>		<u>28# WT</u>	<u>CABER (19' x 115 LBS)</u>
1. D. Harrington 30' 7"	1. D. Harrington 71' 2"	1. D. Harrington.. 1:30-11:00	
2. F. Johnson... 21' 1"	2. F. Johnson... 41' 8"		
3. R. MacDonnell 20' 10"	3. R. MacDonnell 41' 7"	NO OTHER TURNS	
4. R. McCleod... 16' 9"	4. R. McCleod... 38' 1"		
	5. D. Fales..... 32' 2"		

<u>22 LB. HAMMER (23.7#)</u>	<u>16 LB. HAMMER (16#)</u>	<u>56 LB. WT FOR HT (58#)</u>
1. D. Harrington 80' 9"	1. D. Harrington 119' 9 1/2"	1. D. Harrington.. 13'
2. F. Johnson... 58' 10"	2. F. Johnson... 75' 10"	2. R. MacDonnell . 11'
3. R. McCleod... 16' 9"	3. D. Fales..... 37'	3. R. McCleod..... 11'
4. D. Fales..... 35' 4"		4. F. Johnson..... 9'

5. Port Elgin Highland Games, Port Elgin, Ontario, June 16, 1979. Results by Dave Harrington.

<u>22 LB. STONE (22.5#)</u>	<u>56 LB WT DISTANCE</u>	<u>28 LB WT (32.5#)</u>
1. D. Harrington 37' 8 3/4"	1. D. Harrington 33' 9 1/2"*	1. D. Harrington.. 57' 3 18"
2. M. Milligan.. 33' 9 1/4"	2. J. Patterson. 26' 10"	2. M. Milligan.... 44' 11 1/2"
3. J. Patterson. 32' 3 1/2"	3. P. Webb..... 24' 8 1/4"	3. J. Patterson... 40' 6"

<u>CABER (17'10 1/2"x108 LBS.)</u>	<u>22 LB HAMMER</u>	<u>16 LB HAMMER</u>
1. B. Whitman... NT 12:00 NT	1. D. Harrington 83'	1. D. Harrington 113 7 3/9"
2. D. Harrington 9:00-1:30-1:00	2. M. Milligan.. 71' 9 1/4"	2. M. Milligan.. 87' 11 5/8"
3. P. Webb.....	3. B. Whitman... 66' 11 1/2"	3. J. Patterson. 82' 6"

<u>56 LB WT FOR HT</u>	<u>FARMER'S WALK (186 LBS EACH HAND)</u>
1. D. Harrington 14' 2 5/8"*	1. Bob Whitman (Barrie, Ontario) - 283'
2. B. Whitman...	2. Mike Milligan (Brampton, Ontario) - 223' 10 1/2"
3. J. Patterson.	3. Phil Webb (Port Credit, Ontario) - 116' 3"

* Canadian Record

OVERALL

- 1st Dave Harrington, Chelsea, Quebec
- 2nd Mike Milligan
- 3rd Bob Whitman
- 4th Jim Patterson, Oakville, Ontario
- 5th Phil Webb

6. Delco Scottish Games, June 16, 1979, Devon, PA. Attendance: 10,000
 The 12th Annual Delco Games held at the Devon Fair Grounds, west of Philadelphia, once again were the setting for a fine competition.

Field Records were established in four Events with Fred Vaughan (South Carolina) setting marks in the 56# WT (37; 4 1/2"), the 28# WT (72' 7") and the 56# WT FOR HEIGHT (15' 6"). Fred also won the STONE THROW and got two Seconds and a Fifth to garner 33 points in winning the championship. Keith Tice (Clovis, CA) set a record in the 22# HAMMER (90"), was First with a 12:00 toss in the CABER, got two Seconds, a Tie for Second and two Thirds to place Second in the Overall with 29 1/2 Pts.

Ed McComas (Lutherville, MD) won the SHEAF TOSS and took two Seconds and four Thirds to place Third in the Overall with 26 Pts. Jim Pauli of Pittsburgh was Fourth with 14 Pts.

The crowd was appreciative of the athletics but probably would be more so if each Event were explained a bit more on the P.A. system and in the program (as to the historical background and objective of the competition). This is true of almost all Games, as these Events are just a few years old in America for the most part and the average spectator needs some point of reference (such as Field Records) in order to more fully appreciate the efforts of the Heavies.

Thanks to Mr. and Mrs. Robert Bruce Dickey for their hard work in organizing and running the Games as well as John Severance, Athletic Steward and his assistant, Betsy Roberts.

<u>20# STONE</u>			<u>56# WT (54 LBS.)</u>			<u>22# HAMMER</u>		
1.	F. Vaughan..	43' 11"	1.	F. Vaughan..	37' 4 1/2"	1.	K. Tice.....	90' 2" *
2.	E. McComas..	41' 2"	2.	K. Tice.....	34' 8 1/2"	2.	F. Vaughan..	86' 1"
3.	K. Tice.....	37' 7 1/2"	3.	E. McComas..	33' 10"	3.	E. McComas..	81' 4"
4.	J. Allardice	36' 3"	4.	J. Pauli....	30' 3 1/2"	4.	J. Pauli....	70' 1"
5.	J. Pauli....	35' 9"	5.	R. Porter...	29'	5.	J. Keefer...	68' 6"
6.	R. Porter...	35'	6.	J. Allardice	25' 2"	6.	R. Porter...	63' 1"
7.	J. Keefer...	30' 8"	7.	J. Keefer...	22' 4 1/2"	7.	J. Allardice	62' 1"
8.	J. MacDonald	29' 6"	8.	J. MacDonald	22' 3"	8.	J. MacDonald	53' 9 1/2"
<u>28# WT</u>			<u>CABER (18'x125)</u>			<u>SHEAF</u>		
1.	F. Vaughan..	72' 7" *	1.	K. Tice.....	12:00	1.	E. McComas..	22' 1"
2.	E. McConas..	66' 10"	2.	F. Vaughan..	11:00	2.	J. Pauli....	21' 6"
3.	K. Tice.....	64' 5"	3.	E. McComas..	NT	3.	K. Tice.....	21' 6" (Tie)
4.	R. Porter...	57' 2 1/2"	4.	J. Pauli....	NT	4.	J. Keefer...	21'
5.	J. Pauli....	54' 5 1/2"	5.	J. MacDonald	NT	5.	F. Vaughan..	20' 6"
6.	J. Keefer...	46' 3"	<u>OVERALL CHAMPIONSHIP (6-4-3-2-1)</u>					
7.	J. Allardice	45' 10"						
8.	J. MacDonald	44' 4"	1.	Fred Vaughan, N. Myrtle Beach, SC..	33 Pts.			
<u>56# WT FOR HEIGHT</u>			2.	Keith Tice, Clovis, CA.....	29 1/2 Pts.			
1.	F. Vaughan..	15' 6" *	3.	Ed McComas, Lutherville, MD.....	26 Pts.			
2.	K. Tice.....	15' 1"	4.	Jim Pauli, Pittsburgh, PA.....	14 Pts.			
3.	E. McComas..	14' 6"	5.	Joel Keefer, Pittsburgh, PA.....	4 Pts.			
4.	J. Pauli....	13' 8"	6.	Rich Porter, Charleston, SC.....	3 Pts.			
5.	J. Keefer...	13' 8"	7.	John Allardice, Pittsburgh, PA.....	2 Pts.			
			8.	John MacDonald, Bridgewater, NY....	1 Pt.			

7. Pocono Highland Games, East Stroudsburg, PA, June 30, 1979, John Severance, Athletic Steward, Betsy Roberts, Assistant. Cloudy, 84°, Attendance: 1,200. Submitted by Pete Hoyt.

<u>16# STONE</u>			<u>56# WT. (54#)</u>			<u>22 LB HAMMER</u>		
1.	E. McComas..	49' 8 1/2"	1.	E. McComas..	37' 5"	1.	E. McComas..	83' 7"
2.	M. Reid.....	44' 11"	2.	M. Reid.....	34'	2.	P. Hoyt.....	77' 5"
3.	J. Pauli....	41' 2"	3.	J. Pauli....	32' 11"	3.	M. Reid.....	75' 9 1/2"
4.	P. Hoyt.....	38' 3"	4.	P. Hoyt.....	26' 9 1/2"	4.	J. Pauli....	73' 10 1/2"
<u>28# WT. (28#)</u>			<u>SHEAF (16#)</u>			<u>CABER</u>		
1.	E. McComas..	72' 5"	1.	E. McComas..	23' 6"	1.	E. McComas..	12:00
2.	M. Reid.....	63' 10"	2.	M. Reid.....	23' 2"	2.	J. Pauli....	11:30
3.	J. Pauli....	60' 1/2"	3.	P. Hoyt.....	22' 8"	3.	M. Reid.....	2:00
4.	P. Hoyt.....	56' 3 1/2"	4.	T. Blair....	21' 9"			
<u>56# WT. HT. (54#)</u>			<u>16# HAMMER</u>					
1.	E. McComas..	14' 6"	1.	E. McComas..	99'			
2.	T. Blair....	14' 2"	2.	T. Blair....	97' 3"			
3.	J. Pauli....	13' 2"	3.	P. Hoyt.....	91' 10"			
4.	M. Reid.....	12' 2"	4.	M. Reid.....	90' 5"			

8. Ft. Ticonderoga Scottish Games, Ft. Ticonderoga, NY - July 7, 1979, Wayne Morgan, Director.
Clear and 70°. Attendance: 1,000. Submitted by Ed McComas.

<u>STONE (18 1/2 LBS)</u>		<u>56# WT</u>	<u>22# HAMMER</u>
1. D. Harrington 45' 6 1/2"	1. E. McComas... 33' 4"	1. D. Harrington 89' 9" *	
2. E. McComas... 45' 1"	2. R. Porter.... 29' 11 1/2"	2. E. McComas... 79'	
3. R. Porter.... 39' 10"	3. D. Harrington 29' 10 1/2"	3. J. Pauli..... 74'	
4. J. Pauli..... 39'	4. J. Pauli..... 29' 8 1/2"	4. R. Porter.... 71' 9"	
<u>28# WT</u>		<u>SHEAF (18 1/4 LBS)</u>	<u>CABER (17' 6"x100#)</u>
1. D. Harrington 72' 7" *	1. E. McComas... 20' 6"	1. J. Pauli..... 12:00	
2. E. McComas... 67' 7"	2. J. Pauli..... 20' 2"	2. D. Harrington 1:00	
3. R. Porter.... 62' 8"	3. J. MacDonald. 19' 2"	3. E. McComas... 1:30	
4. J. Pauli..... 59' 8"			

9. Grandfather Mountain Highland Games, Linville, NC - July 14, 1979. Robert Groves, President. Guy Soule, Field Events Chariman. Ross Morrison, Heavy Events Chairman, assisted by Ed Holcombe and Art Riggs. Weather clear and sunny, middle 80°. Attendance: 20,000.

The Grandfather Mountain Games held at MacRae Meadows, near Linville, NC, was a huge success in this, its 24th year, with a large crowd enjoying the dancing, pipe bands, pipe competition, Sheep Dog Demonstration, AAU Track and the Heavy Events.

A rather small field of throwers were on hand this year in comparison to past Games and although no records were broken, there were several near misses, including Tom Johnson's tie of the STONE record set by Ed McComas (49' 3") in 1976; Short's near miss in the SHEAF mark and Vaughan's close attempts at the 28# WT and 56# HT.

With eight competitors in most events, Fred Vaughan won the Games with four Firsts (56# WT, HAMMER, 28# WT and 56 HT), and three Seconds. Ron Short won the SHEAF and CABER, to place Second in the Overall and Tom Johnson, who won the STONE TOSS placed Third, with Pete Hoyt finishing Fourth.

The closest competition of the day took place in the STONE (a perfect granite sphere of 16 lbs.) between Johnson and Vaughan, with Tom leading at 49' 3" going into the last throw. Fred tossed a P.R. 49' 5", but in his excitement managed to foul, leaving Tom with a well deserved win.

The CABER, which today measured 19' x 111 lbs., was surprising in that Vaughan led the competition going into the final round, having turned a 9:30 and 12:00 with Ron Short having a NT and a 12:00. (Ron injured his neck in Scotland in June but still placed Fourth at the World Caber Championships at Aberdeen). Ron showed his experience by nearly losing the CABER in the wind before regaining his balance and throwing a 12:00 for the win.

Grandfather Mountain Games President, Bobby Groves, presented the Outstanding Scottish Athlete trophy (contributed by the St. Andrews Society of New York) to Fred Vaughan. The Bill Bangert trophy for best overall performance by a newcomer to Grandfather Mountain went to Tom Johnson of Mt. Pleasant, SC.

If the announcer at the Grandfather Mountains Games would learn something of the history and objectives of the Scottish Heavy Events and more thoroughly acquaint himself with the Events and competitors, his function would greatly enhance the program by educating the spectators so that all interested parties could more easily understand and enjoy our somewhat unique form of athletics.

<u>16# STONE</u>	<u>56# WT (58#)</u>	<u>22# HAMMER</u>
1. T. Johnson.. 49' 3" * Tie	1. F. Vaughan.. 34' 2"	1. F. Vaughan.. 83' 10 1/2"
2. F. Vaughan.. 47' 3 1/2"	2. R. Short.... 29' 10 1/4"	2. T. Johnson.. 78' 11 1/4"
3. R. Short.... 41' 3 1/4"	3. T. Johnson.. 29' 6 1/2"	3. R. Short.... 76' 2 1/2"
4. R. Porter... 38' 2 1/2"	4. R. Porter... 26' 3 1/2"	4. P. Hoyt..... 74' 10 1/4"
5. P. Hoyt..... 36' 5 1/4"	5. A. Pope..... 25'	5. T. Hayes.... 69' 5 1/4"
6. D. Harris... 35' 7 1/2"	6. P. Hoyt..... 24' 1 1/2"	6. R. Porter... 67' 8 3/4"

<u>28# WT (30#)</u>	
1.	F. Vaughan.. 70' 10"
2.	R. Short.... 63' 3 3/4"
3.	T. Johnson.. 62' 7 1/4"
4.	R. Porter... 55'
5.	P. Hoyt..... 52' 10 3/4"
6.	A. Pope..... 49' 7"

<u>CABER (10' 111#)</u>	
1st	R. Short.... 2 - 12's
2nd	F. Vaughan.. 1-12, 2-9:30
3rd	A. Pope..... 80°
4th	P. Hoyt..... 35°

<u>SHEAF (16#)</u>	
1.	R. Short.... 22'
2.	F. Vaughan.. 21'
3.	P. Hoyt..... 20'
4.	T. Johnson.. 19'
5.	A. Pope..... 19'
6.	T. Hayes.... 18"

OVERALL POINTS

56# WT FOR HT (58#)

1.	F. Vaughan.. 13' 6"	1.	F. Vaughan, N. Myrtle Beach, SC... 36 Pts.
2.	T. Johnson.. 13'	2.	R. Short, Winston-Salem, NC..... 29 Pts.
3.	R. Short.... 12' 6"	3.	T. Johnson, Mt. Pleasant, SC..... 22 Pts.
4.	R. Porter... 12'	4.	P. Hoyt, Altamonte Springs, FL.... 10 Pts.
5.	P. Hoyt..... 11'	5.	R. Porter, Mt. Pleasant, SC..... 8 Pts.
6.	A. Pope..... 11"	6.	A. Pope, Fayetteville, NC..... 5 Pts.
		7.	T. Hayes, Orlando, FL..... 1 Pt.

10. Cambridge Highland Games, Cambridge, Ontario - Sponsored by the Waterloo Regional Police Force at their association grounds. It was a well attended Games with approximately 7,000 attendance, a number of bands and dancers. The Games was marred by rain however, and only three Events could be contested. Submitted by Bob Whitman.

CABER TOSS (18'x120#)

1.	D. Theriault 1:00,1:00,1:00
2.	P. Webb..... ---2:00---
3.	D. Markovic. 6th Toss 12:00
4.	B. Whitman.. 5th Toss 1:00

STONE THROW (25#)

1.	D. Markovic. 31' 3"
2.	D. Theriault 30' 8"
3.	J. Patterson 28' 8"
4.	B. Whitman.. 27' 10"

FARMER'S WALK (385#)

1.	B. Whitman..... 273' 10"
2.	M. Schlotzhaver. 229'
3.	N. Malbrecht.... 222' 10"

11. Brantford Highland Games - July 15, 1979, Field Judge: Mike Milligan

28# WT

1.	M. Milligan, Brantford.. 51' 6"
2.	D. Markovic, Toronto.... 50' 6"
3.	B. Snarey, Shakespeare.. 40' 6"

17# STONE

1.	M. Milligan.. 38' 2"
2.	D. Markovic.. 35'
3.	A. Mooring... 33' 6"

56# WT

1.	M. Milligan.. 25' 10"
2.	D. Markovic.. 25' 5"
3.	A. Mooring... 21' 2"

CABER (15' x 125LBS)

1.	M. Milligan.. 1:00,9:30,12:00
2.	D. Markovic.. ----,----,2:30
3.	L. Zambosco.. (14') 1:00, 11:00

FARMER'S WALK (370 LBS.)

1.	M. Milligan..... 214'
2.	F. Swoirk, St. Thomas, . 211'
3.	N. Malbrecht, Thorndale,. 153'

These Games had a Junior Class CABER TOSS for boys 12 years and younger. An 8" cedar fence post was used and tossed for distance: 25' 8", 25' 5", 25' 1". Results submitted by Mike Milligan.

12. Sacramento Games July 4, 1979, submitted by Dick Shelton

Each year the City of Sacramento Parks and Recreation Department and the Caledonian Club of Sacramento stage a gathering at McKinley Park in Sacramento, California.

The picnic may draw 300 to 400 people and they contest Dancing, Bagpipe Playing and two Heavy Events. The CABER and 56# WT OVER THE BAR were won this year and last by Dick Shelton.

13. Virginia Scottish Games, Alexandria, VA - July 28, 1979, Episcopal High School.
Attendance: 10,000. Weather: Hot, 90° but comfortably overcast.

The Third U.S. National Highland Heptathlon Championship was held at the Sixth Annual Virginia Scottish Games, with a field of thirteen Heavies representing seven states and

provinces, including California, N. Carolina, S. Carolina, Florida, Pennsylvania, Maryland and Quebec. The contest developed into one of the closest competitions with some of the best depth in marks of any American Games ever held. In most Events, less than a foot separated the top four or five throwers. The exceptions were Brian Oldfield's 58' 1" STONE TOSS, Keith Tice's 95' 10" HAMMER THROW, and Oldfield's 25' 4" American Record SHEAF TOSS, although again in all three Events the next several placers were within inches of each other.

Oldfield, Sunnyvale, CA, tossed an excellent 58' 1" Field Record in the 17# STONE to surpass Ed McComas' record of 48' 4 1/2" throw in 1978. Brian also won the 56 LB WT FOR HEIGHT with fewer misses over Vaughn and Tice at a VSG record of 15' 8". Keith Tice, Clovis, CA, broke his own record set in 1978 in the 22 LB HAMMER with a new mark of 95' 10". Fred Vaughan (N. Myrtle Beach, SC) broke two Field Records, including 76' 2" in the 28 LB WT (old mark by Vaughan 74', 1976) and 37' 8" in the 56 LB WT FOR DISTANCE (old mark, 35' 11" by Short, 1978), which is also a new American Record.

Although the 19' 3" x 130 LB CABER was not turned, Ron Short (Winston-Salem, NC, won on Best Attempt at 80°.

Oldfield won the Championship, and the trip to Scotland, with Vaughan. Second, Tice - Third and Short and McComas tied for Fourth. Dave Harrington of Old Chelsea, Quebec, was Sixth, followed by Joel Keefer (Pittsburgh, PA), Arnold Pope (Fayetteville, NC), Mike Reid (Monckton, MD), and Pete Hoyt (Altamonte Springs, FL).

The VSG are extremely well organized and take a lot of pride in and concern for the welfare of the Heavies. It is obviously because of this that these Games have become so successful and are now one of the favorites of all the Heavies and spectators.

Many thanks to Peter Dove, Athletic Chairman, John Severance, Betsy Roberts, Ross Morrison, Dave MacKenzie and the Field Announcer for their hard work and help in running the Heavy Events.

U. S. NATIONAL CHAMPIONSHIP HIGHLAND HEPTATHALON

FINAL POINT STANDING VSG 1979

1.	Brian Oldfield...	31 Pts.
2.	Fred Vaughan.....	23 Pts.
3.	Keith Tice.....	19 Pts.
4.	Ron Short.....	12 Pts.
	Ed McComas.....	12 Pts.
5.	Dave Harrington..	9 Pts.
6.	Joel Keefer.....	3 Pts.
7.	Pete Hoyt.....	1 Pt.
8.	Arnold Pope.....	1 Pt.
9.	Mike Reid.....	1 Pt.

RECORDS

WORLD:	SHEAF TOSS	- 25' 4",	B. Oldfield
AMERICAN:	56# THROW	- 37' 8",	F. Vaughan
GAME:	STONE PUT	- 58' 1",	B. Oldfield
	22# HAMMER	- 95' 10",	K. Tice
	28# THROW	- 76' 2",	F. Vaughan
	56# TOSS	- 15' 8",	B. Oldfield

17 LB STONE THROW

1.	B. Oldfield..	58" 1" *
2.	E. McComas...	46' 6 1/2"
3.	D. Harrington	45' 11"
4.	F. Vaughan...	45' 10"
5.	M. Reid.....	42' 5"
	R. Short.....	42' 1"
	R. Porter....	40' 7"
	J. Pauli.....	40' 1 1/2"
	J. Keefer....	37' 3"
	P. Hoyt.....	36' 7"
	A. Pope.....	35' 10"
	K. Tice.....	3 Fouls

56 LB WT THROW (56#)

1.	F. Vaughan...	37' 8" **
2.	B. Oldfield..	36' 9 3/4"
3.	K. Tice.....	36' 2 1/4"
4.	E. McComas...	35' 5 1/4"
5.	R. Short.....	31' 1/4"
	M. Reid.....	30' 5 3/4"
	D. Harrington	29' 3"
	J. Pauli.....	28' 4"
	R. Porter....	27' 3"
	P. Hoyt.....	24' 11 1/2"
	J. Keefer....	24' 11 1/2"
	A. Pope.....	24' 10 1/2"

22 LB HAMMER THROW

1.	K. Tice.....	95" 10" *
2.	D. Harrington	89' 5 1/2"
3.	B. Oldfield..	89'
4.	F. Vaughan...	88'
5.	E. McComas...	87' 4"
	R. Short.....	81' 8"
	J. Pauli.....	76' 11 3/4"
	P. Hoyt.....	76' 4 1/2"
	J. Keefer....	69' 9 1/2"
	R. Porter....	68' 3/4"
	A. Pope.....	60' 5"

<u>28 LB WEIGHT THROW (28#)</u>	
1.	F. Vaughan... 76' 2" *
2.	B. Oldfield.. 75' 5"
3.	K. Tice..... 69' 2 1/2"
4.	E. McComas... 68' 2"
5.	R. Short..... 65' 7 1/2"
	M. Reid..... 62'
	J. Pauli..... 59' 9 1/2"
	D. Harrington 58' 11 1/4"
	P. Hoyt..... 53' 9"
	A. Pope..... 52' 1 1/2"
	J. Keefer.... 47' 8 1/4"

<u>CABER TOSS (10' 3" x 130 LBS)</u>	
1.	R. Short.... 80°
2.	K. Tice..... 70°
3.	F. Vaughan.. 60°
4.	B. Oldfield. 57°
5.	A. Pope..... 55°

(No one was able to turn CABER, places decided by Side Judge on degrees of closeness to vertical)

<u>SHEAF TOSS (18#)</u>	
1.	B. OLDFIELD. 25' 4" **
2.	R. Short.... 23' 8"
3.	J. Keefer... 22' 7" #
4.	E. McComas.. 22' 7" #
5.	P. Hoyt..... 22' 7"
	M. Reid..... 20' 7"
	F. Vaughan.. 20' 7"
	J. Pauli.... 20' 7"
	A. Pope..... 19' 7"
	K. Tice..... 19' 7"
	R. Porter... 19' 7"

#=Won 3rd and 4th on fewer misses

<u>56 LB WEIGHT TOSS (54#)</u>	
1.	B. Oldfield.. 15' 8" #
2.	F. Vaughan... 15' 8" #
3.	K. Tice..... 15' 8"
4.	D. Harrington 14' 8"
5.	E. McComas... 13' 8"
	R. Short..... 12' 8"
	A. Pope..... 12' 8"
	J. Pauli..... 12' 8"
	M. Reid..... 12' 8"
	R. Porter.... 12' 8"
	P. Hoyt..... 12' 8"

14. Pebble Beach Scottish Games, Pebble Beach, CA - July 29, 1979. Submitted by Dick Shelton.

The early morning drive through the foggy Del Monte Grove along Seventeen Mile Drive leaves one with a feeling of awe and curiosity as to who the mysterious people are that inhabit the palatial mansions in this setting of blatant opulence. Small herds of deer graze on the misty golfing greens giving the setting a truly story book appearance.

Five standard Heavy Events were contested before a variable crowd that reached maybe 2,000 for the CABER TOSS. Four to six athletes competed in the WEIGHT TOSSES and twelve competitors tried to toss the (120# x 15') qualifying CABER. Of the three who were successful, only John Ross of Santa Rosa, CA was able to turn the 115" 19' Ballantine Challenge CABER, thus earning himself a brass plaque to be engraved and attached to the massive timber.

About noon, after three Events, Brian Oldfield made his appearance, incredibly, because only hours before he had won the U.S. Highland Heptathlon Championships at the Virginia Scottish Games in Alexandria, VA. Brian took some exhibition tosses with the 16# STONE and then set a Field Record of 15' 6" in the 56 LB WT FOR HEIGHT. (Due to a severely lacerated right hand, this record was thrown left handed.)

<u>16# STONE</u>	
1.	Bret Mannon... 46' 11 1/2"
2.	Bob Mackay.... 45' 1"
3.	John Ross..... 42' 6 1/2"

<u>28# WT.</u>	
1.	John Ross..... 62' 3"
2.	Bret Mackay... 61' 1"
3.	Bret Mannon... 54'

<u>16# HAMMER</u>	
1.	Dick Shelton.. 102' 2"
2.	Bob Mackay.... 101' 5"
3.	John Ross..... 98' 7 1/2"

<u>56# WT FOR HT</u>	
1.	Brian Oldfield 15' 6"
2.	John Ross..... 13'
3.	Bret Mannon... 11' 6"

<u>CABER (15' x 120#)</u>	
1.	John Ross.....
2.	Dick Shelton..
3.	Bob Mackay....

<u>CABER 19' x 115#)</u>	
1.	John Ross..... 2:00
2.	Dick Shelton.. N.T.
3.	Bob Mackay.... N.T.

15. Forfar Games, Lochside Park, Forfar, Scotland. Submitted by Ron Short.

The Forfar Games, being a rather well established Games, a Tamnavulin Trophy Games and the site of the Scottish CABER Championship, brings the cream of the Scottish Heavies out in force. The Scottish Heavies who competed were: Bill Anderson, long time Scottish Heavy who has dominated Scottish Heavy Athletics for twenty years; Doug Edmonds, World CABER Champion in 1978; Grant Anderson, CO-World Record holder in the WEIGHT OVER THE BAR; and Hamish Davidson, second year man who is re-writing the record book in the STONE PUTS. Hamish won the Overall Heavy Competition by winning both SHOT PUTS (Heavy and Light), the 28LB WEIGHT THROW, scoring Second in both HAMMERS, fourth in the CABER and Third in the WEIGHT OVER THE BAR. Bill Anderson was Second by winning both HAMMERS and CABER. Grant Anderson was Third, Doug Edmonds, Fourth, and Ron Short, Fifth. Each Tamnavulin Games has awards for the top five finishers.

Forfar, like most Games in Scotland has some unusual Events. The best of these at Forfar are the bike races of varying distance. The races take place on the field, on a laned grass track surrounding the athletic area. The longest race was 10 kilometers. All the races had close finishes where good strategy meant the difference between winning and losing.

Weather - warm and sunny, good throwing surface, attendance - 4,500.

<u>16# BALL (SHOT)</u>		<u>22# BALL</u>		<u>28# WT</u>	
1.	Hamish Davidson.. 55' 5"	1.	H. Davidson.. 49' 3/4"	1.	H. Davidson.. 85' 5"
2.	Bill Anderson.... 46' 8"	2.	D. Edmonds... 41' 10"	2.	B. Anderson.. 79' 11"
3.	Grant Anderson... 46' 5"	3.	B. Anderson.. 40' 8"	3.	R. Short..... 72' 1/2"
4.	Doug Edmonds..... 45' 11"	4.	G. Anderson.. 39' 7"	4.	D. Edmonds... 71' 11 1/2"
5.	Ron Short..... 43' 1"	5.	R. Short..... 36' 11"	5.	G. Anderson.. 71' 4"

<u>16# HAMMER</u>		<u>22# HAMMER</u>		<u>CABER</u>		<u>56# WT FOR HT</u>	
1.	B. Anderson. 131' 5"	1.	B. Anderson. 110' 2"	1.	B. Anderson	1.	G. Anderson 15' 2"
2.	H. Davidson. 128' 5"	2.	H. Davidson. 108' 3"	2.	G. Anderson	2.	B. Anderson 14' 6"
3.	G. Anderson. 125' 3"	3.	G. Anderson. 98' 9"	3.	D. Edmonds	3.	H. Davidson 14'
4.	G. Donaldson 118' 2"	4.	G. Donaldson 91' 10"	4.	H. Davidson	4.	D. Edmonds. 13' 6"
5.	D. Edmonds.. 108'	5.	D. Edmonds.. 85' 6"	5.	R. Short	5.	R. Short... 12'

16. Old Meldrum Sports, Scotland - June 16, 1979. Weather: Sunny and Warm. Surface: Good Grass. Attendance: 3,900.

Old Meldrum Sports is more like a fair than a Highland Games, but there are Heavy Events as well as all the other things, e.g., foot races, fashion show, cake walk, etc. The Heavy Events are part of the Tamnavulin Trophy so the four point leaders in the Tamnavulin competition showed up: Bill Anderson, Hamish Davidson, Grant Anderson and Doug Edmonds. Henry Gray, the great CABER tosser and WEIGHT OVER THE BAR man of the early 1960's, was the very capable Field Judge. Bill Anderson had four First places, one Second and had two dismal Fourths in the SHOT PUTS. Hamish Davidson had three Firsts, beating Bill in the Heavy HAMMER, but losing to him in the WEIGHT FOR DISTANCE. Hamish also had a Second in the CABER and Third in the WEIGHT OVER THE BAR. Hamish set two Field Records in the PUTS and almost broke the British mark of 50 feet in the 22LB PUT. The field is on a slope and the HAMMERS were thrown uphill. Everything was thrown on the level. This CABER is the British Championship.

<u>16# SHOT</u>		<u>22# SHOT</u>		<u>28# WT</u>	
1.	H. Davidson.. 59' 7"	1.	H. Davidson.. 49' 8"	1.	B. Anderson.. 75' 6"
2.	D. Edmonds... 48' 3"	2.	D. Edmonds... 40' 5"	2.	H. Davidson.. 73' 7"
3.	G. Anderson.. 48' 2"	3.	G. Anderson.. 40' 3"	3.	R. Short..... 67' 11"
4.	B. Anderson.. 47' 1 1/2"	4.	B. Anderson.. 40' 1/2"	4.	D. Edmonds... 67' 10 1/2"
5.	R. Short..... 44' 5"	5.	R. Short..... 36' 10"	5.	G. Anderson.. 66' 8"

16# HAMMER	
1.	B. Anderson.. 133' 8"
2.	H. Davidson.. 127' 9"
3.	G. Anderson.. 123' 10"
4.	D. Edmonds... 107' 6"
5.	S. Fyvie..... 95' 11"

22# HAMMER	
1.	H. Davidson.. 109' 8"
2.	B. Anderson.. 105' 6" C.S.
3.	G. Anderson.. 98' 2"
4.	D. Edmonds... 85' 6"
5.	R. Short..... 75' 1"

56# WT.	
1.	B. Anderson.. 14' 10"
2.	G. Anderson.. 14' 4"
3.	H. Davidson.. 13' 6"
4.	D. Edmonds... 12' 6"
5.	R. Short..... 12' 6"

BRITISH CHAMPIONSHIP
CABER

1. Bill Anderson
2. Hamish Davidson
3. George Anderson
4. Doug Edmonds
5. Ron Short

BEST THROWS AND RANKINGS IN NORTH AMERICAN SCOTTISH GAMES: 1979

PUTTING THE STONE: Thrown with one hand from behind a four foot six inch trig (toeboard) with a seven foot six inch approach. The stone varies in size from 16 to 32 pounds. Each put shall be measured from the point of the trig where the put is made to the nearest break of ground. The touching of any part of the trig (except the face nearest the competitor when he takes his stance) or the ground beyond the trig shall be a foul. The same stone should be used from year to year on the same ground.

17# STONE: World Record : 62' 11 3/4", Brian Oldfield, USA, Clovis, CA-10/78
American Record:

20# STONE: American Record: 45', Ed McComas, Alexandria, VA-6/76

25# STONE: American Record: 39', Brian Oldfield, Stone Mountain, GA-10/77

- *1/13 Orlando, FL... Vaughan, 39' 9" (20#)
- *3/24 Dunedin, FL... Harrington, 42' 6" (20#)
- 3/29 Scottsdale, AZ... Shelton, 34' 1" (18#)
- 4/7 Jacksonville, FL... Vaughan, 42' 8" (20#)
- 4/28 Houston, TX... Turner, 24' 2" (26#)
- *5/5 Savannah, GA.. Johnson, 43' 1 1/2" (20#)
- 5/12 Pr. Frederick, MD.. Reid, 40' 5" (16#)
- 6/2 Georgetown, Ont.. Milligan, 36' 1" (20#)
- *6/9 Fair Hill, MD.. McComas, 48' 4" (17#)
- 6/15 Port Elgin, Ont.. Harrington, 37' 8 3/4" (22#)
- 6/16 Devon, PA.. Vaughan, 43' 11" (20#)
- *6/30 E. Stroudsburg, PA.. McComas, 49' 8 1/2" (16#)
- 7/7 Ft. Ticonderoga, NY.. Harrington, 45' 6 1/2" (18#)
- *7/14 Grandfather Mountain, NC.. Johnson, 49' 3" (16#)
- 7/15 Brantford, Ont.. Milligan, 38' 2" (17#)
- *7/28 Alexandria, VA.. Oldfield, 58' 1" (17#)
- 7/29 Pebble Beach, CA.. Mannon, 46' 11 1/2" (16#)
- Cambridge, Ont.. Markovic, 31' 3" (20#)

<u>LIGHT STONE</u>	<u>(16#)</u>	<u>(17#)</u>	
1.	Brian Oldfield	63'	58' 1"
2.	M. Baughman	52' 3"	
3.	Ed McComas	49' 8 1/2"	48' 4"
4.	Tom Johnson	49' 3"	
5.	Fred Vaughan	47' 3 1/2"	46' 2 1/2"
6.	Rob Mackay	46' 11 1/2"	
7.	Dave Harrington		45' 11"
8.	J. D. Goldrick	45' 9"	
9.	John Ross	42' 6 1/2"	
10.	Mike Reid		42' 5"
11.	Ron Short	44' 5"	42' 1"

<u>HEAVY STONE (20#)</u>	
1.	Fred Vaughan 43' 11"
2.	Tom Johnson 43' 1 1/2"
3.	Dave Harrington 42' 6"
4.	Ed McComas 41' 2"
5.	Keith Tice 40' 6"
6.	Ron Short 39' 1/2"
7.	Rich Porter 38' 5 1/2"
8.	George McAulay 38' 4"
9.	John Allardice 36' 3"
10.	Jim Pauli 35' 9"

THROWING THE 28# WEIGHT: With one hand only, from behind a four foot six inch long, six inch wide toeboard (or trig) with a nine foot approach allowed. Same foul rules and throws as the STONE. Measurement should be made from a point on the side of the trig closest to the thrower nearest to which his throwing or plant foot was placed (left foot if a right handed thrower); to the nearest break of ground of the weight (not the ring). The weight is a ball or block attached by chain to a ring or triangular handle. The overall length of the implement should not exceed 18". The Thrower must be standing after delivery of the weight.

World Record: 88' 8", Hamish Davidson, Scotland, 1978
American Record: 78', Fred Vaughan, Fair Hill, MD, 1979

*1/13 Orlando, FL... Vaughan, 69' 2"	6/16 Port Elgin, Ont.. Harrington, 57' 3 1/8"
3/24 Dunedin, FL... Vaughan, 73' 7"	6/16 Devon, PA.. Vaughan, 72' 7"
*3/29 Scottsdale, AZ... Shelton, 62'	*6/30 E. Stroudsburg, PA.. McComas, 72' 5"
4/7 Jacksonville, FL... Vaughan, 71' 5 1/2"	*7/7 Ft. Ticonderoga, NY.. Harrington, 72' 7"
4/28 Houston, TX... Malven, 35' 10"	7/14 Gr. Father Mtn., NC.. Vaughan, 70' 10"
5/5 Savannah, GA... Vaughan, 69' 1 1/4"	7/15 Brantford, Ont.. Milligan, 51' 6"
5/12 Pr. Frederick, MD.. Reid, 63' 4"	*7/28 Alexandria, VA.. Vaughan, 76' 2"
6/9 Fair Hill, MD.. Vaughan, 78"	7/29 Pebble Beach, CA.. Ross, 62' 3"

1. Fred Vaughan..... 78' **	8. J. D. Goldrick.. 64' 3 1/2"
2. Brian Oldfield... 75' 5"	9. Michael Reid.... 63' 10"
3. Dave Harrington.. 72' 7"	10. George McAulay.. 63' 4"
4. Ed McComas..... 72' 5"	11. Rich Porter..... 62' 8"
5. Ron Short..... 72' 1/2"	12. Tom Johnson..... 62' 7 1/4"
6. Keith Tice..... 69' 2 1/2"	13. Bob Mackay..... 61' 1"
7. John Ross..... 65' 1/2"	14. Jim Pauli..... 60' 1/2"

THROWING THE 56# WT. FOR DISTANCE: With one hand only, the best of three throws to count; same rules as the 28# WT.

World Record: 41' 11", Bill Anderson, Scotland, 1968
American Record: 37' 8", Fred Vaughan, Alexandria, VA 7/79

1/13 Orlando, FL... Vaughan, 32' 9"	6/16 Port Elgin, Ont.. Harrington, 33' 9 1/2"
*3/24 Dunedin, FL... Vaughan, 37'	6/16 Devon, PA.. Vaughan, 37' 4 1/2"
3/29 Scottsdale, AZ... Shelton, 25' 10"	*6/30 E. Stroudsburg, PA.. McComas, 37' 5"
4/7 Jacksonville, FL... Vaughan, 30' 8" (63#)	7/7 Ft. Ticonderoga, NY.. <u>McComas</u> , 33' 4"
4/28 Houston, TX... Gana, 19' 11"	7/14 Grandfather Mtn, NC.. Vaughan, 34' 2"
**5/5 Savannah, GA... <u>Vaughan, 37' 4 3/4"</u>	7/15 Brantford, Ont.. Milligan, 25' 10"
6/2 Georgetown, Ont.. Mooring, 28' 2"	*7/28 <u>Alexandria, VA.. Vaughan, 37' 8"</u>
*6/9 Fair Hill Md.. 37' 1/2"	

1. Fred Vaughan..... 37' 8' **	7. Jim Pauli..... 32' 11"
2. Ed McComas..... 37' 5"	8. J. D. Goldrick... 32'
3. Keith Tice..... 36' 11"	9. Ron Short..... 31' 3 3/4"
4. Brian Oldfield... 36' 9 3/4"	10. George McAulay... 30' 5"
5. Michael Reid..... 34'	11. Rich Porter..... 29' 11 1/2"
6. D. Harrington.... 33' 9 1/2"	12. Tom Johnson..... 29' 6 1/2"

SCOTTISH HAMMER: The hammer head shall be of metal, a spherical, and the shaft shall be of wood or cane. Overall length of the hammer shall be either 16# (light hammer) or 22# (heavy hammer). Thrown standing style, delivered from behind a straight wooden trig 6 inches high and not more than 4 ft 6 inches long. The best of three throws by each competitor to the nearest break of ground. Fouls are counted the same as in the STONE and WEIGHT THROWS. Boundary pins are not necessary nor desirable, except on uneven ground. The same hammer should be used year to year at specific Games to facilitate a fair ground (field) records system. From the time the hammer is returned to the trig, A competitor shall be limited to a time limit of two minutes for each throw...S.G.A. Yearbook, 1978.

16# HAMMER: World Record: 151' 2", Bill Anderson, Scotland, 1969
American Record: 118' 11", Keith Tice, Santa Rosa, CA 9/78

20# HAMMER: World Record: 123' 5", Bill Anderson, Scotland, 1969
 American Record: 96' 2 1/2", Keith Tice, Fergus, Ontario 8/78

- *1/13 Orlando, FL... Harrington, 84' 1"
- 3/24 Dunedin, FL... Tice, 93' 1"
- 3/29 Scottsdale, AZ... Shelton (18#) 96' 2"
- 4/7 Jacksonville, FL... Vaughan, 79' 11"
- *5/5 Savannah, GA... Tice, 95' 2"
- 5/12 Pr. Frederick, MD.. Reid, 95' 10" (16#)
- 6/9 Fair Hill MD.. Vaughan, 80' 4 1/2" (22#)
- 6/16 Port Elgin, Ont.. Harrington, 83' (22#)
 Harrington, 113' 7 3/4" (16#)
- *6/16 Devon, PA.. Tice, 90' 2" (22#)
- 6/30 E. Stroudsburg, PA.. McComas, 83' 7" (22#)
 McComas, 99' 0" (16#)
- 7/14 Grandfather Mountain, NC.. Vaughan, 83' 10 1/2"
- 7/18 Alexandria, VA.. Tice, 95' 10"
- 7/29 Pebble Beach, CA.. Shelton, 102' 2"

16# HAMMER

- 1. D. Harrington... 113' 7 3/4"
- 2. J. D. Goldrick.. 108' 1/2"
- 3. K. Tice..... 105' 8"
- 4. M. B aughman.... 104'
- 5. B. Oldfield..... 103' 5"
- 6. D. Shelton..... 102' 2"
- 7. R. Mackay..... 101' 5"
- 8. E. McComas..... 99'
- 9. J. Ross..... 98' 7 1/2"
- 10. T. Blair..... 97' 3"
- 11. M. Reid..... 95' 10"

22# HAMMER

- 1. K. Tice..... 95' 10"
- 2. J. D. Goldrick.. 90' 4 1/2"
- 3. D. Harrington... 89' 9"
- 4. B. Oldfield..... 89'
- 5. F. Vaughan..... 88'
- 6. E. McComas..... 87' 4"
- 7. G. McAulay..... 87'
- 8. M. Baughman..... 83' 6"
- 9. R. Short..... 82' 8 1/2"
- 10. T. Johnson..... 80' 2 1/2"

TOSSING THE 56# WT FOR HEIGHT: (The Weight Over the Bar). A block or ball weight to which a ring or triangular handle is attached by chain link and weighing a total of 56 lbs is thrown with one hand only over a bar similar to that used in the pole vault. Competitors are allowed three throws at each height and may commence throwing at any height so desired but once having done so must continue. All measurements should be made from the ground to the top of the bar at a point midway between the uprights.

World Record: 16' 2", Brian Oldfield, Pomona, CA 6/79

American Record: 16' 2", Brian Oldfield, Pomona, CA 6/79

- *1/13 Orlando, FL... Vaughan, 14' 1"
- *3/24 Dunedin, FL... Vaughan, 14' 6"
- 3/29 Scottsdale, AZ... Shelton, 11"
- 4/7 Jacksonville, FL... Vaughan, 14"
- 4/28 Houston, TX... Turner, 9' 9"
- 5/5 Savannah, GA... Tice, 14'
- 6/2 Georgetown, Ont.. Mooring, 13' 5"
- 6/9 Fair Hill, MD.. Vaughan, 14"
- 6/16 Port Elgin, Ont.. Harrington, 14' 2 5/8"
- 6/16 Devon, PA.. Vaughan, 15' 6" (54#)
- 7/7 Ft. Ticonderoga, NY.. Harrington, 13' 6"
- 7/14 Grandfather Mtn, NC.. Vaughan, 13' 6" (58#)
- 7/28 Alexandria, VA.. Oldfield, 15' 8" ((54#)
- 7/29 Pebble Beach, CA.. Oldfield, 15' 6"

- 1. B. Oldfield.... 16' 2"
- 2. J. D. Goldrick. 16'
- 3. F. Vaughan..... 15' 8"
- 4. K. Tice..... 15' 8"
- 5. D. Harrington.. 14' 8"
- 6. E. McComas..... 14' 6"
- 7. M. Baughman.... 14'
- 8. J. Pauli..... 13' 8"
- 9. T. Johnson..... 13' 3"
- 10. R. Short..... 13' 3"
- 11. J. Ross..... 13'
- 12. J. Keefer..... 13'
- 13. A. Pope..... 12' 8"
- M. Reid..... 12' 8"
- P. Hoyt..... 12' 8"
- R. Porter..... 12' 8"

THE SHEAF TOSS: A 16# bag of straw thrown by pitchfork over a cross bar for height by any method possible. Three throws at each height.

American Record: 25' 4", Brian Oldfield, Alexandria, VA 7/79

1/13 Orlando, FL... Short, 20' 6"	*6/9 Fair Hill, MD.. Hoyt, 22' 2"
3/24 Dunedin, FL... Tice, 20' 6"	6/16 Devon, PA.. McComas, 22' 1"
4/7 Jacksonville, FL... Vaughan, 21'	6/30 E. Stroudsburg, PA.. McComas, 23' 6"
4/28 Houston, TX... Carter, 21'	7/7 Ft. Ticonderoga, NY.. McComas, 20' 6" (18#)
5/5 Savannah, GA... Short, 21"	7/14 Grandfather Mtn, NC.. Short, 22"
*5/12 Pr. Frederick, MD.. Reid, 21"	*7/28 <u>Alexandria, VA.. Oldfield, 25' 4" (18#)</u>

1. B. Oldfield..... 25' 4" ** (18#)	10. F. Vaughan..... 21'
2. R. Short..... 23' 8"	B. Turner..... 21'
3. E. McComas..... 23' 6"	A. Carter..... 21'
4. M. Reid..... 23' 2"	13. T. Johnson..... 20'
5. P. Hoyt. 22' 8"	14. A. Pope..... 19' 7"
6. J. Keefer..... 22' 7"	R. Porter..... 19' 7"
7. T. Blair..... 21' 9"	
8. J. Pauli..... 21' 6"	
K. Tice..... 21' 6"	

TOSSING THE CABER: There is no standard size or weight of caber but generally the caber should be from 17 to 20 feet in length and weigh 100 to 130 pounds. The practice of throwing a short, light "caber" for distance is not tossing the caber and should be discontinued. No trig or stance should be used, each competitor taking any length of run he wishes and tossing from where he chooses. Each competitor is allowed three attempts - the best of three to count. An attempt shall commence when the caber is set up and if the competitor allows the caber to fall, this shall count as one of his attempts. A perfect CABER TOSS is a 12 o'clock throw after the caber turns 180° and lands - not bounces - and stops. It is absolutely essential to have a competent judge, who thoroughly understands the rules of this sport.

1/13 Orlando, FL... Ron Short, 9:30 (19' 2" x 130 lbs.)
3/24 Dunedin, FL... Keith Tice, 1:00, 12:00, 12:00 (18' 3" x 110 lbs.)
3/29 Scottsdale, AZ... Dick Shelton, 2:00 (18' x 90 lbs.)
4/7 Jacksonville, FL... Fred Vaughan, 12:00, 11:30 (17' x 95 lbs.)
4/28 Houston, TX... Douglas Gana, 50°, 75°, 80° (13' x 100 lbs.)
5/5 Savannah, GA... Ron Short, 2:00 (17' 6" x 130 lbs.)
5/12 Pr. Frederick, MD.. Michael Reid, 12:15 (16' x 105 lbs.)
6/2 Georgetown, Ont.. Mike Milligan
6/9 Fair Hill, MD.. Ed. McComas, 12, 12, 11:30 (15' 6" x 120 lbs.)
6/16 Port Elgin, Ont.. B. Whitman, 12:00 (18" x 108 lbs.)
6/16 Devon, PA.. Keith Tice, 12:00 (18' x 125 lbs.)
6/30 E. Stroudsburg, PA.. Ed McComas, (17' x 100 lbs.)
7/7 Ft. Ticonderoga, NY.. Jim Pauli, 12:00 (17' 6" x 100 lbs.)
7/14 Grandfather Mountain, NC.. Ron Short, 12:00, 12:00 (19" x 111 lbs.)
Cambridge, Ont.. Doug Theriault, 3-1:00 (18' x 120 lbs.)
7/15 Brantford, Ont.. Mike Milligan, 1:00, 9:30, 12:00 (15' x 125 lbs.)
7/28 Alexandria, VA.. Ron Short, 80° (19' 3" x 130 LBS.)
7/29 Pebble Beach, CA.. John Ross, (15' x 120 lbs.)

GAMES CHAMPIONSHIPS: The object of Scottish Games Heavy Events participation is to score as many points per event as possible in order to win the overall Games championship or Athlete of the Day honors. Events are usually scored 6-4-3-2-1 or many times 5-4-3-2-1. At some contests with numerous qualified competitors, one or two more places may be added to each Event. A minimum of five Scottish Heavy Events must be contested.

(+ Indicates a major Games in which three or more experienced Heavies competed.)

+1/13 Orlando, Fl.. Fred Vaughan	+6/16 Port Elgin, Ont.. Dave Harrington
+3/24 Dunedin, Fl.. Keith Tice	+6/16 Devon, PA.. Fred Vaughan
+3/29 Scottsdale, AZ.. Dick Shelton	+6/30 E. Stroudsburg, PA.. Ed McComas
+4/17 Jacksonville, FL.. Fred Vaughan	+7/7 Ft. Ticonderoga, NY.. Dave Harrington
4/28 Houston, TX.. Douglas Gana	+7/14 Grandfather Mountain, NC.. Fred Vaughan
+5/5 Savannah, GA.. Fred Vaughan	7/15 Brantford, Ont.. Mike Milligan
5/12 Pr. Frederick, Md.. Michael Reid	+7/28 Alexandria, VA.. Brian Oldfield
6/2 Georgetown, Ont.. Dave Theriault	+7/29 Pebble Beach, CA.. John Ross
+6/9 Fair Hill, MD.. Fred Vaughan	

AMERICAN RECORDS: Several Games now hold an Amateur Competition prior to or in conjunction with the Open Heavy Events. Included are Santa Rosa, CA., Stone Mountain, GA. Virginia Scottish Games and Long Beach, CA.

17# STONE..... 47' 1/2", D. McKenzie, Santa Rosa, 1977
56# WT..... 26' 6", B. Mackay, Long Beach, 1979
28# WT..... 61' 4", D. Shelton, Santa Rosa, 1977
16# HAMMER..... 111' 11", D. Shelton, Santa Rosa, 1978
22# Hammer..... 88' 9", D. Shelton, Santa Rosa, 1978
56# WT FOR HT.. 12' 6", D. Shelton, Santa Rosa, 1978

MEMBERSHIP AND DUES: Inasmuch as the NASGA is still a very small organization with limited funds, there will be no reminder of subscription renewal except for this request to please check your records and send in your \$5.00 membership fee if you haven't paid for the coming year.

REPORTING: All Canadian, U.S. and Foreign results are welcome and will be reported. It is very much desired that all results contain at least three deep in each Event. Also, only Heavy Events are of interest (except for special strength events).

ACKNOWLEDGEMENTS:

1. NASGA NEWSLETTER could not be published without the assistance of Pete Hoyt, Altamonte Springs, Florida, who has arranged for printing and duplication.
2. All Rules, Regulations, and British Records have been derived from the Annual S.G.A. (Scottish Games Association) Yearbook, printed in Eskbank, Dalkeith, Scotland.
3. Special thanks and appreciation to the officials and judges who are primarily responsible for the running of the Games; especially Guy V. Soule (Charlotte, NC), and Ross Morrison, Jr. (Harrisburg, NC), Edwin F. Holcombe (Mt. Pleasant, SC), John Severance and Betsy Roberts (Paoli, PA).
4. Special thanks also to Gordon Varnedoe for his efforts to get the Heavy Events accepted as a legitimate professional sport.
5. Also special thanks to Ms. Betty Broach for many hours spent in typing the master copy of the Newsletter.

COMING EVENTS; 1979. (+) indicates Heavy Events competition.

- Sep 1 : Capital District Scottish Games, 7 Lori Lane, Latham, NY 12110
- +Sep 2 : Santa Rosa Highland Games - U.S. Heavy Events Championship, Malcolm Ramsay, 543 Byron St, Palo Alto, CA 94301
- +Sep 8 : Ligonier Highland Games, Ligonier, PA, David Peet, 1208 24th Avenue, Altoona, PA 16601
- +Sep 15 : Charleston Scottish Games, Ed Holcombe, 533 Coinbow Dr., Mt. Pleasant, SC 29464
- Sep 15 : N. H. Gathering of Clans, Loon Mtn, NH
& 16
- +Sep 29 : Fresno/Clovis Highland Games, 5891 N. Fairbanks, Clovis, CA 93612
- +Oct 6 : Flora MacDonald Highland Games, Red Springs, NC c/o Red Springs Chamber of Commerce & 7
- +Oct 20 : Stone Mountain Highland Games, Stone Mountain, GA, George Swanson, 3027 & 21 Farmington Dr. N.W., Atlanta, GA 30339
- Nov 10 : Gathering of Clans, Salado, TX (2nd Sat. Nov.)
- +Jan 19 : Orlando Scottish Highland Games, P. O. Box 2948, Orlando, FL 32807
1980

NORTH AMERICAN SCOTTISH GAMES ASSOCIATION
FRED VAUGHAN, PRES., P. O. BOX 3436
NORTH MYRTLE BEACH, SC 29582

MEMBERSHIP: \$5.00/year

NAME:

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ATHLETE GAMES JUDGE SPECTATOR
