Vol III. No. 1 June, 1979

The North American Scottish Games Association is dedicated to the promotion and understanding of Scottish Heavy Events competition in the United States and Canada and the appreciation of our Scottish heritage.

BOARD OF ADVISORS

President: Fred Vaughan

Publishing Secretary: Pete Hoyt

Recording Secretaries: Arnold Pope, Dick Shelton, Bob Whitman, Michael

Reid, John Ross, Tim Kincaid, Doughlas Fales

East Coast Advisors: Ron Short, Ed McComas

West Coast Advisors: Keith Tice, Gordon Varnedoe

Canadian Advisor: Dave Harrington

RECORDS: Revised - It has been agreed by the Board of Advisors that all American Records as accepted from 1976 with the formation of NASGA, be revised and that all future claims to records be made with minimum weights and maximum lengths of implements allowed in each Event. Also, at least five members of NASGA must approve new claims.

*Indicates a new Field Record listed herein; **indicates a new American Record. Field records are not noted at first year contests.

GAMES:

Orlando Scottish Highland Games - Jan. 13, 1979; Orlando, FL

Games Chairman, Dick MacLauchlin; Field Events Chairman, Diane Pohl; Field Steward, Wally Hughson; Stuart Cumming, Inver House Scotch Representative.

In spite of a heavy rainstorm which left the area Saturday morning, this 2nd Orlando Games proved to be a success, largely due to the members of the Scottish American Society of Central Florida (P. O. Box 2948, Orlando), who sponsored the Games. A crowd of approximately 4000 was on hand to witness clan athletics, Scottish Heavy Events, Scottish dance competition, and twelve pipe bands.

After the rain, the day turned out to be sunny and warm (75°), but the throwing surface remained in a damp, sandy condition which provided poor traction for the throwers, tending to keep the distances low. Nevertheless, Heavies from Florida, the Carolinas, and Canada began the New Year with a good competition which saw several new Orlando records and many Personal Bests by the athletes.

Fred Vaughan won Athlete of the Day honors by 3 1/2 points over Ron Short (Winston-Salem, NC). Vaughan (N. Myrtle Beach, SC) set Orlando records in the 20# STONE, 28# WT. and the 56# WT. OVER THE BAR and also won the 56# WT. FOR DISTANCE. Short won the SHEAF and the CABER, being the only athlete to turn a 19' 2" by 130 lb log. Dave Harrington (Old Chelsea, Quebec) was third in the overall competition and threw an Orlando record in the 22# HAMMER. George McAulay (Bahamas) continued his improvement with a Fourth Place finish.

RESULTS

STO	ONE:	: (19# 12 o:	z.)		561	ŧ W?	(Vaughan, 1978)	33'	8 1/4"
- 1.	F.	Vaughan	391	9**	1.	F.	Vaughan	321	9*
		Harrington.			2.				
		Short			_		Harrington.		
		Porter					McAulay		
		McAulay					Porter		
HAI	ME	R (22#)			28	₩T.	<u>•</u>		
1.	D.	Harrington.	84 '	1"*	1.	F.	Vaughan	69'	2"*
		Short			2.	R.	Short	67 '	5*
3.	F.	Vaughan	80'	6 1/2"	3.	G.	McAulay	63'	4"
4.	G.	McAulay	79 '	6"	4.	D.	Harrington.	59'	7"
5.	P.	Hoyt	66'	5 1/4"	5.	R.	Porter	551	3"
SHI	CAF	(Short, 23'	2 " ,	1978)	<u>56</u>	# H?	r.		
1.	R.	Short	20'	6"	1.	F.	Vaughan	141	1**
		Vaughan					Short		
		McAulay			3.	D.	Harrington.	131	3 "
4.		Hoyt					McAulay		
		Harrington.		(Tie)	5.	P.	Hoyt	111	•
	G.	McAulay	181						
	c.	Wallace	18'						
CAI	BER					<u>ov</u>	ERALL CHAMPI	onsh	IP
1.	R.	Short	(19	'2"x130#) 9:	30	1.	F. Vaughan.	• • •	34 1/2 Pts.
		Vaughan					R. Short		
		Harrington.				3.	D. Harringt	on.	21 1/3 Pts.
		McGlanery					G. McAulay.		
		McAulay				5.	P. Hoyt	• • •	4 Pts.(Tie)
		_					R. Porter	• • •	4 Pts.

2. <u>Dunedin Scottish Games</u> - March 24, 1979, Dunedin High School, Dunedin, FL. Norman Ross, Games President; Bob Barr, Master of Ceremonies; Inver House Scotch Whiskey Trophy for Athlete of the Day presented by Stuart Cumming. Craig Ross, Athletic Steward. Attendance: About 3,000.

Four athletes from Florida, two from the Carolinas and one each from Quebec and California heaved the weights for 4 1/2 hours of good throwing and close competition before the championship was won by Kieth Tice, a school teacher from Clovis, CA, who had taken an all night plane trip only arriving in Florida at 5:30 AM the day of the competition.

In the 20 # STONE, Dave Harrington of Xerox and Quebec, surprised on the last throw of the event to break Fred Vaughan's new record by 2" with a throw of 42' 6". The 56 LB WT. lead changed several times between Tice and Vaughan (North Myrtle Beach, SC), with Fred winning the series by 1/2" and the event by 1" (37"), also establishing a new record. After Vaughan won the 28# WT, the standings were Vaughan - 16 pts., Tice - 11 pts., Harrington - 11 pts., McAulay - 7 pts., and Arnold Pope fifth.

Without a break, the throwers moved onto the 22 LB HAMMER with Tice adding 9' (93' 1") to the old record and George McAulay, an engineer from the Bahamas, setting a P.R. and also surpassing the old mark. The CABER was won by Keith with a near perfect series of 1:00-12:00-12:00, and Arnold Pope, a teacher at Methodist College in Fayetteville, NC, second. The top six efforts in the SHEAF TOSS were separated by a total of only two feet with Tice again winning, this time by 6" over Pete Hoyt of Westinghouse and Altamonte Springs, FL.

Tice had won the championsnip by the end of the SHEAF TOSS but still the last event, the 56LB WT FOR HEIGHT proved exceptional as both Tice and Vaughan cleared 14' 6" with an A.A.U. weight to break the old record by 7" with both missing at 15' 3" and Fred winning on fewer misses.

Chauncy Wallace and Martin McClanery from West Palm Beach, FL, looked much improved and finished seventh and eighth.

RESULTS

20 lb. STONE THROW (McComas, 41' CABER TOSS (18'3", est 110 lbs) 7", 1978) 1. D. Harrington. 42' 6" (Record) 1. K. Tice-1:00--12:00--12:00 2. F. Vaughan 42' 4" 2. A. Pope-10:30--12:00--11:45 3. K. Tice..... 40' 6" 3. D. Harrington-11:15--11:30--11:15 4. G. McAulay 38' 4" 4. F. Vaughan-10:30--10:45--10:45 5. A. Pope..... 32' 8" P. Hoyt..... 32' 5" No others had successful turns C. Wallace.... 28' 3 1/2" of CABER M. McClanery.. 27' 2"

```
56 LB. WEIGHT THROW (Vaughan, 36'
                                   SHEAF TOSS (Hoyt, 21' 6", 1977)
                    8", 1977)
1. F. Vaughan .... 37' *
                                   1. K. Tice..... 20' 6"
2. K. Tice..... 36' 11"
                                   2. P. Hoyt..... 20'
3. G. McAulay.... 30' 5"
                                   3. F. Vaughan... 20'
4. D. Harrington. 29' 8"
                                  4. G. McAulay.... 19' 6"
5. A. Pope..... 28' 1"
                                  5. D. Harrington. 18' 6"
   P. Hoyt..... 25' 6"
                                     M. McClanery.. 18' 6"
   C. Wallace.... 19' 8"
                                     A. Pope..... 17' 6"
   M. McClanery.. 18'
                                      C. Wallace .... x
28 LB. WEIGHT THROW (Vaughan, 75
                                   56 LB. WEIGHT TOSS (Vaughan, 13'
                    6", 1977)
                                                       11", 1977)
1. F. Vaughan.... 73' 7"
                                   1. F. Vaughan .... 14' 6"*
2. K. Tice..... 67' 1"
                                   2. K. Tice..... 14' 6"*
3. D. Harrington. 66'
                                   3. D. Harrington. 12' 7"
4. G. McAulay.... 57' 7"
                                   4. A. Pope..... 11' 6"#
5. A. Pope..... 55' 2"
                                     G. McAulay.... 11' 6"
   P. Hoyt..... 53' 7"
                                     P. Hoyt..... 11' 6"
   C. Wallace.... 45' 11"
                                     M. McClanery.. x
   M. McClanery.. 40' 10"
                                   * = Fewer Misses
22 LB. HAMMER THROW (Vaughan, 84'
                                   # = 3 Way Tie for 4th
                    1/2", 1978)
                                   OVERALL POINTS
1. K. Tice..... 93' 1"
2. G. McAulay .... 87'
                                  1. K. Tice..... 33
3. D. Harrington. 82' 7"
                                  2. F. Vaughan.... 29
4. F. Vaughan.... 80' 7"
                                  3. D. Harrington. 21
5. P. Hoyt..... 67' 7"
                                  4. G. McAulay.... 14
   M. McClanery.. 66' 1"
                                  5. A. Pope.....
   C. Wallace.... 58' 2 3/4"
                                  6. P. Hoyt.....
                                     C. Wallace.... 0
Results submitted by A. Pope.
                                      M. McClanery.. 0
```

3. Arizona Scottish Games: March 29, 1979, Scottsdale High School, Scottsdale, Arizona. Third Year Games, 500 Spectators. Submitted by Dick Shelton.

Over fifty contestants turned out in piping, dancing, creative anacronisms, and Scottish Heavy Events under a clear sky and in moderate temperatures.

For the second consecutive year, Dick Shelton from Santa Clara, CA, was the overall champion taking first in all six standard Events and was the only abtlete to turn the 18' x 90# challenge CABER. The regular CABER contest saw Shelton edging last year's winner W. O. Fraser (O.B.) by the slimmest margin under the precision eye of veteran judge, Scotty Fraser of San Clemente, CA.

Seventeen year old Dan John of Scottsdale made a remarkable improvement over last year by turning the regular CABER, taking a second in the 28# WT and a third in the 56# WT FOR HEIGHT. Dan was the youth CABER TOSS champion at the 1978 Long Beach Games.

RESULTS

STONE (18# 4oz)	HAMMER (18# X 54")
(Murro, 38" 2", 1978)	(Shelton, 99' 8 1/2", 1978)
1. D. Shelton 34' 1"	1. D. Shelton 96' 10"
2. W. Frazer 32' 7"	2. W. Fraser 76' 7"
3. K. McCray 30' 5"	3. W. Carruthers. 69'
28# WT (24# Short)	56# WT DISTANCE
1. D. Shelton 62" *	1. D. Shelton 25' 10"*
2. D. John 43 4"	2. K. McCray 21' 7"
3. K. McCray 41' 2"	3. W. Fraser 19' 9"
CABER (70# X 17") 56# WT HEIGHT	CHAL. CABER (90# X 18)
1. D. Shelton 1. D. Shelton.	11' 1. D. Shelton 2:00
2. W. Fraser 2. W. Fraser	10' 6" 2. W. Fraser N.T.
3. K. McCray 3. D. John	10" 3. K. McCray N.T.

Jacksonville Scottish Highland Games: April 7, 1979, Mandarin Church,
 Jacksonville, FL. Attendance: 2500.

This third annual gathering was sponsored by the Jacksonville St. Andrews Society, J. Kinlock McCollum, President. The Games Chairman is A. H. McDonald and the event is held on the grounds of the lovely Mandarin Episcopal Church, beside the St. Johns River, south of Jacksonville.

Herman Ibach, Athletic Chairman, Guy Soule and Ross Morrison, Judges, established a smoothly run and relaxed competion with seven regular Heavies competing in seven Regular and one Odd event. Several personal bests were established and all winning marks were field records as this was the first year of a full field of Events.

Fred Vaughan was presented the trophy for Athlete of the Day by Stuart Cumming of Inver House Scotch Whiskey. Fred was first in all seven Events and had a P.R. in the 20# STONE. (An extra Event was thrown after the regular competition called the "WATERMELON" STONE TOSS. It weighed approximately 40 pounds. Vaughan edged Johnson 25'4" to 24'8").

RESULTS

OVERALL CHAMPIONSHIP (Scoring: 5,4,3,2,1)

F. Vaughan, N. Myrtle Beach, SC... 35 Pts.
P. Hoyt, Altamonte Springs, FL... 19 Pts.
T. Johnson, Mt. Pleasant, SC.... 18 Pts.
R. Porter, Mt. Pleasant, SC.... 18 Pts.
M. McGlanery, W. Palm Beach, FL... 6 PTS.
T. Hayes, Tampa, FL.... 6 Pts.

STONE (19# 12 oz)

56# WT (14" 63#)

1.	F.	Vaughan	42'	8"	1.	F.	Vaughan	301	8"
2.	\mathbf{T}_{\bullet}	Johnson	421	1"	2.	R.	Porter	23'	
3.	R.	Porter	36'	1 1/2"	3.	T.	Johnson	221	4"
4.	P.	Hoyt	33'	7 1/2"	4.	P.	Hoyt	20'	6 "
5.	C.	Wallace	291	2"	5.	М.	McGlanery	17'	1"

28# WT (17")

1.	F.	Vaughan	711	5	1/2"
		Porter			
		Johnson			
		Hoyt			
		Haves			

22# HAMMER

1.	F.	Vaughan	79'	11"
2.	P.	Hoyt	711	10"
3.	T.	Johnson	711	7"
4.	R.	Porter	64'	10"
5.	T.	Haves	63'	4"

SHEAF

1.	F.	Vaughan	211	
2.	P.	Hoyt	181	6"
3.	T.	Hayes	181	6"
4.	T.	Johnson	17'	
5.	R.	Porter	171	

CABER (17' X 95#)

1.	F.	Vaughan	12:00,	11:30
2.	м.	McGlanery	1:00,	10:00
3.	P.	Hoyt		
4.	C.	Wallace		
5.	T.	Haves		

56# WT FOR HT

1.	F.	Vaughan	14 '	
2.	R.	Porter	12'	6"
3.	T.	Johnson	11'	6"
4.	P.	Hoyt	101	6"
5.	М.	McGlanery	10	6"

Houston Highland Games: April 28, 1979, Fort Bend County Fairgrounds, Rosenburg, TX, Attendance: 7,000.

April 1979 looked like a bad month to hold the Houston Games. The 28th had been picked so that the Pipe Band competition could be sanctioned as the Southwestern United States Championships by the E.U.S.P.B.A. As the Games drew nearer and nearer, all it did was rain. In the whole month of April there were only nine days that it didn't rain. The nicest of those nine days was the 28th, and 7,000 people turned out in the cool 80°, cloudless weather.

This was the first year the Houston Games featured most of the Heavy Events. A field of over 25 amateurs attempted to qualify in the morning elimination rounds for a chance to compete in the afternoon's open competition. Nine men qualified by turning a CABER (14'1" X 68#), and throwing the 17# SHEAF over the bar at a qualifying height of 14'.

In just a few short years the Houston Games have become one of the best run and most well attended games in the Southwest United States. Under the direction of Games Association President, Mr. Joe Roach, and the Athletic Events Co-Chairmen, William Ferguson and Patricia O'Neill Hill, many of the Heavy Events were added to the day's schedule. Next year it is planned to have the field Events expanded to include the 22# HAMMER and to bring the prize money up to a respectable level.

The Games Association and the Field Events Chairmen most sincerely thank a number of other people who were instrumental in making the Field Events a great success, and whom we are sure will continue their efforts in helping the Field Events grow in Houston. Thank You: Clay Howard and Dave Theriault, Fergus, Ont., for fabricating 28# WT. and many helpful suggestions and encouragement; Debbie Ferguson, arranging fabrication of 28# and 56# WEIGHTS and managing field registration; Tim Kincaid, Field Judge; Pete Webster, who stores all the field equipment from year to year; Ian Martin, for constructiong two trigs; Anne McCall and Kim Toby, field registration; Mike Hill and John Rector, field assistance; and Jim Casey, Tug-O-War Judge. Hope we didn't miss anyone.

Though the Events at Houston would have to be termed amateur, a number of competitors showed promise. For most, it was their first effort at any of the Events. Interestingly, almost everyone did better on each of his three throws and as an Event progressed, the competition increased. Three or four of the boys are planning to practice the Events and before long may be giving Houston a decent showing. The CABER gave everyone the most trouble. Judges Kincaid and Ferguson turned it at 12's during instruction and demonstration but when it came to the competition, nobody was able to turn it.

The Events went as follows:

- 1. Trophies to winner of each event
- 2. Trophy plus \$50.00 cash prize to overall champion
- 3. Scoring: 6,4,3,2,1

28# WEIGHT	56# WT. (DIST)		
1. Malven 35' 10"	1. Gana 19' 11"		
2. Campbell 33' 2"	2. Campbell 18'		
3. Gana 32' 8 1/2"	3. Berry 17' 6"		
4. Berry 31' 6"	4. Turner 16' 1/2'		
5. Carter 30 " 11"	5. Reynolds 14' 7"		
SHEAF (17#)	CABER (13' x 100#)		
1. Carter 21'	1. Gana (80°)		
2. Turner 21'	2. Campbell (75°)		
3. Berry 19'	3. Martin (60°)		
4. Gana 19'	4. Howard (60°)		
5. Howard 19'	5. Carter (50°)		
6. Reynolds 19'			
	1. Malven 35' 10" 2. Campbell 33' 2" 3. Gana 32' 8 1/2" 4. Berry 31' 6" 5. Carter 30" 11" SHEAF (17#) 1. Carter 21' 2. Turner 21' 3. Berry 19' 4. Gana 19' 5. Howard 19'		

OVERALL CHAMPIONSHIP

1.	Douglas Gana, (Bellaire, TX)	22.5	Pts.
2.	Bruce Turner, (Whorton, TX)	19.0	Pts.
3.	Allen Carter, (Houston, TX)	14.5	Pts.
4.	Jody Campbell, (Houston, TX)	12.0	Pts.
5.	Will Malven, (Houston, TX)	8.5	Pts.
6.	Jim Berry, (Houston, TX)	7.0	Pts.
7.	Richard Reynolds, (Conroe, TX)	5.5	Pts.
8.	Clay Howard, (Fergus, Ont.)	4.0	Pts.
9.	<pre>Ian Martin, (Houston, TX)</pre>	3.0	Pts.

The winning Tug-O-War team was representing NASA, Johnson Space Center, Houston, TX. This was the third Houston championship for Coach George Abbey's (Director of Flight Operations) NASA boys. A round robin format with six man teams are used in Houston.

6. Savannah Scottish Games: May 5, 1979,. (First Saturday in May),
Savannah, GA. Sponsored by the Savannah St Andrews Society (Founded
1773) Games. President - George Fawcett.

For the second year the Games were held at Fort Jackson (built between 1809 and 1840), on the Savannah River three miles East of the city and for the first time in many years, weather, in the form of rain during the major part of the afternoon, hindered attendance as well as the performances of many of the Heavies.

David Barrow, Athletic Events Chairman, was ably assisted in judging by Ed Holcombe and Art Riggs on the field, and Joann Johnson in recording results. Owen Page, President of the St. Andrews Society, presented Athlete of the Day trophy to Fred Vaughan of N. Myrtle Beach, SC. as overall champion with 30 pts. (2 - first, 3 - second, 3 - thirds). Second place trophy went to Keith Tice (Clovis, CA) with 27 pts. who garnered 2 - first, 3 - seconds, fourth, fifth, and third place trophy was won by Ron Short of Winston-Salem, NC (2 - firsts, 2 - thirds, 2 - fourths, fifth) with 23 pts.

A Field Record was established in the 20# STONE TOSS when Tom Johnson (Mt. Pleasant, SC) broke the 42' 3 1/2" mark set by Ed McComas in 1978 with an opening throw of 42' 11". No one was close as he upped it again to 43' 1 1/2".

In the second Event, 56 LB WT. throw, Vaughan opened with a Field Record of 35' 11 3/4" (breaking his own 1978 mark of 34' 1/2"). Fred followed with another record 36' 3 3/4" and then a new American Best of 37'4 3/4".

During the 22# HAMMER, several good throws were made during the opening rounds, prior to the rain, with Tice breaking the 1978 87' 3 1/2" record with a 92' 9 1/4" throw and then a 95' 2" toss. Keith also tied the mark in the 56 LB WT. FOR HEIGHT at 14'.

Other fine performances were Ron Short's turning of the 18' X 125# CABER in the rain, Tom Johnson's five Personal Bests in competion and Ed McComas' 2 - seconds, 2 - thirds, 2 - fourths, and a fifth while recovering from a brief illness.

Bob Bahr did his usual fine job of announcing and the influence of Gordon Varnedoe was felt everywhere.

The implements were either Charleston Games' or new official Savannah weights which meet specifications of NASGA.

RESULTS

20# STONE (42' 3 1/2", McComas, 1978)	56# WT. DISTANCE (34' 1/2" Vaughan, 1978
1. Johnson 43' 1 1/2" Record 2. Vaughan 41' 9" 3. McComas 40' 2" 4. Short 39' 1/2" 5. Tice 38' 8" 6. Porter 38' 5 1/4" 7. Reid 35' 5 3/4" 8. Pope 31' 10"	1. Vaughan 37' 4 3/4" U.S. Record 2. Tice 32' 10 1/4" 3. McComas 32' 3 1/2" 4. Short 31' 3 3/4" 5. Porter 29' 4" 6. Johnson 28' 2 1/2" 7. Reid 27' 4 1/4" 8. Pope 27' 0"
22# HAMMER (87' 3 1/2", Vaughan, 1978)	28# WT. 69' 8 1/4", McComas, 1978)
1. Tice 95' 2" Record 2. Vaughan 84' 3. Short 82' 8 1/2" 4. McComas 82' 8" 5. Johnson 80' 2 1/4" 6. Reid 70' 6 1/2" 7. Porter 70' 4" 8. Hayes 65' 4 1/2"	1. Vaughan 69' 1 1/4" 2. McComas 65' 8 3/4" 3. Short 65' 5" 4. Tice 61' 7" 5. Johnson 59' 5" 6. Reid 57' 4 3/4" 7. Porter 56' 9" 8. Pope 49' 7"
CABER (17' 6" X 126 lbs)	SHEAF TOSS (21', Short, 1978)
1. Short 2:00 2. Tice 80°, 75° 3. Vaughan 80°, 70° 4. Pope 75° 5. McComas 65° 6. Varnedoe	 Short 21' Tice 21' Vaughan 20' McComas 20' Johnson 20' Reid 19'
56 LB. WT. FOR HT. (14', Vaughan, 1978)	OVERALL (6-4-3-2-1)
1. Tice 14' Ties Record 2. Vaughan 13' 6" 3. McComas 13' 3" 4. Johnson 13' 5. Short 13' 6. Reid 12' 7. Pope 11'	Vaughan 30 Pts. Tice 27 Pts. Short 23 Pts. McComas 17 1/2 Pts. Johnson 11 1/2 Pts. Pope 2 Pts. Porter 1 Pt. Reid 0 Varnedoe 0 Wallace 0 Hayes 0 McClanery. 0

PUTTING THE STONE: Thrown with one hand from behind a four foot six inch trig (toeboard) with a seven foot six inch approach. The stone varies in size from 16 to 32 pounds. Each put shall be measured from the point of the trig where the put is made to the nearest break of ground. The touching of any part of the trig (except the face nearest the competitor when he takes his stance) or the ground beyond the trig shall be a foul. The same stone should be used from year to year on the same ground.

17# STONE: World Record : 62' 11 3/4", Brian Oldfield, USA, Clovis, CA-10/78
American Record:

20# STONE: American Record: 45', Ed McComas, Alexandria, VA-6/76
25# STONE: American Record: 39', Brian Oldfield, Stone Mountain, GA-10/77

- *1/13 Orlando, FL... Vaughan, 39' 9" (20#)
- *3/24 Dunedin, FL... Harrington, 42 6" (20#)
- 3/29 Scottsdale, AX... Shelton, 34' 1" (18#)
- 4/7 Jacksonville, FL... Vaughan, 42' 8" (20#)
- 4/28 Houston, TX... Turner, 24' 2" (26#)
- *5/5 Savannah, GA.. Johnson, 43 1 1/2" (20#)

20# STONE

1.	Tom Johnson	431	1 1/2"	6.	Ron Short	39'	1/2"
2.	Fred Vaughan	42	8"	7.	Pich Porter	381	5 1/2"
3.	Dave Harrington	42'	6 "	8.	George McAulay	38'	4 ^m
4.	Keith Tice	40'	6 "	9.	Michael Reid	351	5 3/4"
5.	Ed McComas	40 '	2"	10.	Pete Hovt	33'	7 1/2"

THROWING THE 28# WEIGHT: With one hand only, from behind a four foot six inch long, six inch wide toeboard (or trig) with a nine foot approach allowed. Same foul rules and throws as the STONE. Measurement should be made from a point on the side of the trig closest to the thrower nearest to which his throwing or plant foot was placed (left foot if a right handed thrower); to the nearest break of ground of the weight (not the ring). The weight is a ball or block attached by chain to a ring or triangular handle. The overall length of the implement should not exceed 18.

World Record: 88' 8", Hamish Davidson, Scotland, 1978

American Record: 76' 4 1/2", Fred Vaughan, at Aberfeldy, Scotland, 8/77.

- *1/13 Orlando, FL... Vaughan, 69' 2"
- 3/24 Dunedin, FL... Vaughan, 73' 7"
- *3/29 Scottsdale, AZ... Shelton, 62'
- 4/7 Jacksonville, FL... Vaughan, 71' 5 1/2"
- 4/28 Houston, TX... Malven, 35' 10"
- 5/5 Savannah, GA... Vaughan, 69' 1 1/4"

```
1. Fred Vaughan.... 73' 7"
2. Ron Short...... 67' 5"
3. Keith Tice..... 67' 1"
4. Dave Harrington. 66'
5. Ed McComas..... 65' 8 3/4"
6. George McAulay.. 63' 4"
7. Rich Porter.... 62' 4 1/4"
8. Tom Johnson.... 59' 5"
9. Michael Reid.... 57' 4 3/4"
10. Arnold Pope.... 55' 2"
```

THROWING THE 56# WT. FOR DISTANCE: With one hand only, the best of three throws to count; same rules as the 28# WT.

World Record: 41' 11", Bill Anderson, Scotland, 1968
American Record: 37' 4 3/4", Fred Vaughan, Savannah, GA 5/79

- 1/13 Orlando, FL... Vaughan, 32 9"
- *3/24 Dunedin, FL... Vaughan, 37'
- 3/29 Scottsdale, AZ... Shelton, 25' 10"
- 4/7 Jacksonville, FL... Vaughan, 30' 8" (63#)
- 4/28 Houston, TX... Gana, 19' 11"
- **5/5 Savannah, GA... Vaughan, 37' 4 3/4"
- 1. Fred Vaughan.... 37' 4 3/4" ** 6. Dave Harrington.. 29' 8" 2. Keith Tice..... 36' 11" 7. Rich Porter..... 29' 4"
- 3. Ed McComas..... 32' 3 1/2" 8. Tom Johnson.... 28' 2 1/2"
- 4. Ron Short...... 31' 3 3/4" 9. Arnold Pope..... 28' 1"
- 5. George McAulay... 30' 5" 10. Michael Reid 27' 4 1/4"

SCOTTISH HAMMER: The hammer head shall be of metal, a spherical, and the shaft shall be of wood or cane. Overall length of the hammer shall shall be either 16# (light hammer) or 22# (heavy hammer). Thrown standing style, delivered from behind a straight wooden trig 6 inches high and not more than 4 ft 6 inches long. The best of three throws by each competitor to the nearest break of ground. Fouls are counted the same as in the STONE and WEIGHT THROWS. Boundary pins are not necessary nor desirable, except on uneven ground. The same hammer should be used year to year at specific Games to facilitate a fair ground (field) records system. From the time the hammer is returned to the trig, A competitor shall be limited to a time limit of two minutes for each throw...S.G.A. Yearbook, 1978.

16# HAMMER: World Record: 151' 2", Bill Anderson, Scotland, 1969
American Record: 118' 11", Keith Tice, Santa Rosa, CA 9/78

20# HAMMER: World Record: 123' 5", Bill Anderson, Scotland, 1969

American Record: 96' 2 1/2", Keith Tice, Fergus, Ontario 8/78

- *1/13 Orlando, FL... 'Harrington, 84' 1"
- 3/24 Dunedin, FL... Tice, 93' 1"
- 3/29 Scottsdale, AZ... Shelton (18#) 96'2"
- 4/7 Jacksonville, FL... Vaughan, 79' 11"
- *5/5 Savannah, GA... Tice, 95' 2"
- 1. Keith Tice..... 95' 2" 6. Ed McComas..... 82" 8"
 2. George McAulay... 87' 7. Tom Johnson.... 80' 2 1/2"
 3. Dave Harrington. 84' 1" 8. Pete Hoyt..... 71' 10"
 4. Fred Vaughan.... 84' 9. Michael Reid.... 70' 6 1/2"
 5. Ron Short..... 82' 8 1/2" 10. Rich Porter.... 70' 4 "

TOSSING THE 56# WT FOR HEIGHT: (The Weight Over the Bar). A block or ball weight to which a ring or triangular handle is attached by chain link and weighing a total of 56 lbs is thrown with one hand only over a bar similar to that used in the pole vault. Competitors are allowed three throws at each height and may commence throwing at any height so desired but once having done so must continue. All measurements should be made from the ground to the top of the bar at a point midway between the uprights.

```
16' 1", Grant Anderson, Sotland, 1977.
American Record: 15' 7", Brian Oldfield, Clovis, CA, 10/78 (56# 4 oz).
*1/13 Orlando, FL... Vaughan, 14' 1"
*3/24 Dunedin, FL... Vaughan, 14' 6"
3/29 Scottsdale, AZ... Shelton, 11"
 4/7 Jacksonville, FL... Vaughan, 14"
 4/28 Houston, TX... Turner, 9' 9"
 5/5 Savannah, GA... Tice, 14'
1. Fred Vaughan .... 14' 6"
                                       6. Tom Johnson.... 13'
  Keith Tice..... 14' 6"
                                       7. Rich Porter.... 12' 6"
3. Ron Short..... 13' 3"
                                       8. George McAulay.. 12'
  Ed McComas..... 13 3"
                                          Michael Reid.... 12'
   Dave Harrington. 13' 3"
                                      10. Pete Hoyt..... 11' 6"
                                           Arnold Pope.... 11' 6"
```

16' 1", Bill Anderson, Scotland, 1977.

THE SHEAF TOSS: A 16# bag of straw thrown by pitchfork over a cross bar for height by any method possible. Three throws at each height.

American Record: 23' 7", Ron Short, Alexandria, VA 7/78

1/13 Orlando, FL... Short, 20' 6"

World Record:

```
3/24 Dunedin, FL... Tice, 20' 6"
4/7 Jacksonville, FL... Vaughan, 21'
4/28 Houston, TX... Carter, 21'
5/5 Savannah, GA... Short, 21"

1. Ron Short...... 21'
    Keith Tice..... 21'
    Ed McComas..... 20'
```

Keith Tice..... 21' Ed McComas..... 20' Fred Vaughan.... 21' Tom Johnson..... 20' Allen Carter.... 21' 3. George McAulay.. 19' 6" Bruce Turner.... 21' 4. Michael Reid.... 19'

TOSSING THE CABER: There is no standard size or weight of caber but generally the caber should be from 17 to 20 feet in length and weigh 100 to 130 pounds. The practice of throwing a short, light "caber" for distance is not tossing the caber and should be discontinued. No trig or stance should be used, each competitor taking any length of run he wishes and tossing from where he chooses. Each competitor is allowed three attempts - the best of three to count. An attempt shall commence when the caber is set up and if the competitor allows the caber to fall, this shall count as one of his attempts. A perfect CABER TOSS is a 12 o'clock throw after the caber turns 180° and lands - not bounces - and stops. It is absolutely essential to have a competent judge, who thoroughly understands the rules of this sport.

```
1/13 Orlando, FL... Ron Short, 9:30 (19' 2" x 130 lbs.)
3/24 Dunedin, FL... Keith Tice, 1:00, 12:00, 12:00 (18' 3" x 110 lbs.)
3/29 Scottsdale, AZ... Dick Shelton, 2:00 (90 lbs. x 18')
4/7 Jacksonville, FL... Fred Vaughan, 12:00, 11:30 (17' x 95 lbs.)
4/28 Houston, TX... Douglas Gana, 50°, 75°, 80° (13' x 100 lbs.)
5/5 Savannah, GA... Ron Short, 2:00 (17' 6" x 130 lbs.)
```

GAMES CHAMPIONSHIPS: The object of Scottish Games Heavy Events particiation is to score as many points per event as possible in order to win the overall Games championship or Athlete of the Day honors. Events are usually scored 6-4-3-2-1 or many times 5-4-3-2-1. At some contests with numerous qualified competitors, one or two more places may be added to each Event. A minimum of five Scottish Heavy Events must be contested.

- (+ Indicates a major Games in which three or more experienced Heavies competed.
- +1/13 Orlando, FL... Fred Vaughan
- +3/24 Dunedin, FL... Keith Tice
- +3/29 Scottsdale, AZ... Dick Shelton
- +4/17 Jacksonville, FL... Fred Vaughan
- 4/28 Houston, TX... Douglas Gana
- +5/5 Savannah, GA... Fred Vaughan

AMATEUR RECORDS: The NASGA recognizes those records set in the Amateur Division at the Santa Rosa Games as the best amateur throws in North America. The only other Games with a major amateur competition is Stone Mountain, GA, which started their Amateur Division this year.

```
17# STONE...... 47' 1/2" McKenzie, 1977
56# WT......... 25' 1/2" Shelton, 1976
28# WT......... 61' 4" Shelton, 1977
16# HAMMER...... 111' 11" Shelton, 1978
22# HAMMER...... 88' 9" Shelton, 1978
56# WT. FOR HT... 12' 6" Shelton, 1977
```

MEMBERSHIP AND DUES: Inasmuch as the NASGA is still a very small organization with limited funds, there will be no reminder of subscription renewal except for this request to please check your records and send in your \$5.00 membership fee if you haven't paid for the coming year.

REPORTING: All Canadian, U.S. and Foreign results are welcome and will be reported. It is very much desired that all results contain at least three deep in each Event. Also, only Heavy Events are of interest (except for special strength events).

ACKNOWLEDGEMENTS:

- NASGA NEWSETTER could not be published without the assistance of Pete Hoyt, Altamonte Springs, Florida, who has arranged for printing and duplication.
- All Rules, Regulations, and British Records have been derived from the Annual S.G.A. (Scottish Games Association) Yearbook, printed in Eskbank, Dalkeith, Scotland.
- 3. Special thanks and appreciation to the officials and judges who are primarily responsible for the running of the Games; especially Guy V. Soule (Charlotte, NC), and Ross Morrison, Jr. (Harrisburg, NC), Edwin F. Holcome (Mt. Pleasant, SC), John Severance and Betsy Roberts (Paoli, PA).
- 4. Special thanks also to Gordon Varnedoe for his efforts to get the Heavy Events accepted as a legitimate professional sport.
- 5. Also special thanks to Ms. Betty Broach for many hours spent in typing the master copy of the Newsletter.

1961: SELECTED RESULTS AND RECORDS: SCOTTISH GAMES ASSOC. YEARBOOK
CRIEFF: SCOTTISH HEAVY EVENTS CHAMPIONSHIP - Bill Anderson, Bucksburn

LT BALL OR STONE (16 lbs) RECORD-Ed Anderson, Dundee, 46' 7 1/2", Pitlochry, 1931
(STONE) Bill Anderson, 46' 10", Braemar, 1960
Bill Anderson, 47' 8 3/4", Aboyne, 1961

HVY BALL OR STONE (22 lbs)

RECORD - BALL: A. A. Cameron, Speanbridge, 40" 1", Pitlochry, 1904 STONE: Bill Anderson, Bucksburn, 40' 8 1/2", Aboyne, 1961

LT. HAMMER (16 lbs) RECORD: Bill Anderson, 135' 7", Greenlaw, 1960

Achterarder - Bill Anderson, 128' 8" Crieff - Bill Anderson, 126' 10"

Cr of Devon - A. Sutherland, 123' 7" Aboyne - Bill Anderson, 125' 7"

(130" 4 1/2" ex)

Thornton - Henry Gray, 115' Braemar - Bill Anderson, 129' 7 1/2"

Airth - A. Robin, 99' 1"

HVY HAMMER (22 lbs) RECORD: Bill Anderson, 110', Comrie, 1960

Achterarder - Bill Anderson, 105' 10 1/4" Crieff - Bill Anderson, 104' 6" Cr. of Devon - A. Sutherland, 104' 6" Braemar - Bill Anderson, 103' 2"

28# WT. FOR DISTANCE RECORD: George Clark, Grange, 80' 8", Pitlochry, 1938

Blackford - Bill Anderson, 74' 4" Crieff - Bill Anderson, 75' 2"
Achterarder - Bob Aiken, 74' 9" Aboyne - Bill Anderson, 69' 10"
Greenlaw - A. Sutherland, 73' 2" Braemar - A. Wallace, 65' 4 1/2"

56# WT. FOR DISTANCE RECORD: George Clark, 39° 7", Pitlochry, 1933

Thornton - A. Wallace, 35' 4" Aboyne - George Clark, 35' 11 3/4" Caol - A. Sutherland, 36' 4 1/2"

56# WT. FOR HEIGHT RECORD: Ed Anderson, Dundee, 14' 9", Crieff, 1933

Blackford - H. Gray, 13' 2"

Cr of Devon - H. Gray, 14' 4"

Comrie - Bill Anderson, 12' 11"

Alva - A. Wallace, 13'

Greenlaw - Jay Scott, 13' 6"

Caol - J. MacColl, Luss, 13' 6"

Oban - A. Wallace, 13' 9"

Thornton - H. Gray, 14'

<u>CABER</u> Henry Gray, Alford, has taken the place of George Clark as champion at TOSSING THE CABER.

Blackford - H. Gray Cr of Devon - H. Gray Oxton - I. Smith Comrie - B. Anderson Coal - A. Sutherland Crieff - H. Gray Alva - A. Wallace Greenlaw - G. Clark Lochearnhead - Wallace & Anderson Aboyne - H. Gray Braemar - H. Gray Oban - Anderson

Oban - Bill Anderson, 131' 4 1/2"

- COMING EVENTS; 1979. Dates are approximate; (+) indicates Heavy Events competition.
- +July 14: Adirondack H.G., Washington County Fair Grounds, Greenwich, NY
- +July 14: Grandfather Mtn. H.G., Linville, NC Ross Morrison, Box 103, Harris-& 15 burg, NC 28075
- July 21: Athena Caledonian Games, Athena, OR.
- +July 28: Virgina Scottish Games, Alexandria, VA P.O. Box 1338, Alexandria, VA 22313 U. S. Heptathlon Championship
- July 28: Spokane Festival and Tattoo, Dave Warner, N. 4209 Fairmont Place, Spokane, Wash 92208
- +July 29: Pebble Beach Scottish Games, P. O. Box 2081, Carmel, CA 93921
- Aug 4 : Glengarry Highland Games, Maxville, Ont., Canada
- Aug 4 : San Diego Highland Games, San Diego, CA
- Aug 11 : Rocky Mountain Highland Games, Golden, CO 9 Rangeview Dr., Denver, CO 80215
- +Aug 11 : Fergus Highland Games Canadian Heavy Events-Championship, Box 3, Fergus, Ontario
- Aug 18 : Guelph Highland Games, Guelph, Ont. Canada
- +Aug 25 : Ohio Scottish Games, Stow, Ohio Alex Campbell, 7441 Hi-View Drive, North Royalton 33, Ohio
- Aug 25 : Long Island Scottish Games, Old Westbury, Long Island, NY
- Sep 1 : Capital District Scottish Games, 7 Lori Lane, Latham, NY 12110
- +Sep 2 : Santa Rosa Highland Games U.S. Heavy Events Championship, Malcolm Ramsay, 543 Byron St, Palo Alto, CA 94301
- +Sep 8 : Ligonier Highland Games, Ligonier, PA, David Peet, 1208 24th Avenue, Altoona, PA 16601
- +Sep 15 : Charleston Scottish Games, Ed Holcome, 533 Coinbow Dr., Mt. Pleasant, SC 29464
- Sep 15 : N. H. Gathering of Clans, Loon Mtn, NH & 16
- +Sep 29 : Fresno/Clovis Highland Games, 5891 N. Fairbanks, Clovis, CA 93612
- +Oct 6 : Flora MacDonald Highland Games, Red Springs, NC %Red Springs Chamber & 7 of Commerce

+Oct 20-: Stone Mountain Highland Games, Stone Mountain, GA, George

Swanson, 3027 Farmington Dr. N.W., Atlanta, GA 30339

Nov 10 : Gathering of Clans, Salado, TX (2nd Sat. Nov.)

NORTH AMERICAN SCOTTISH GAMES ASSOCIATION FRED VAUGHAN, PRES., P. O. BOX 3436

NORTH MYRTLE BEACH, SC 29582

MEMBERSHIP: \$5.00/year

NAME:

STREET OR P.O.:

CITY:

STATE/PROVINCE:

ZIP:

ATHLETE

GAMES

JUDGE

SPECTATOR