

The North American Scottish Games Association is dedicated to the promotion and understanding of Scottish Heavy Events.

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EVENTS EXPLANATION:

5. **THE 56 LB WT FOR HEIGHT:** Also known as the weight over the bar. The event is thrown usually with one hand only (either hand) by grasping a metal block or ball weight to which a ring or rectangular handle has been attached by chain link and whose total weight does not exceed 56 pounds. The weight is swung between the legs or in any manner desired and thrown so that it will clear a bar over the head of the thrower which is arranged in pole vault fashion. Three attempts are allowed at each height. Each competitor may commence at any height he desires, but having begun, he must continue. All measurements should be made from the ground to the top of the bar at the point midway between the uprights.

6. **SHEAF TOSS:** A burlap sack of straw or hay (etc.) weighing sixteen pounds is thrown by pitchfork over a bar similar to a pole vault standard. Each competitor is allowed three throws at each height. Generally if the bar is touched the throw is considered a miss (however some Games allow any throw that clears the bar to count thus negating the need for a skillful judge to declare misses).

EXTRA THROWS: Many of the Games in Scotland allow the winner of each event to take up to three extra throws if he feels he has a chance to break the field record (an extra cash prize is awarded for all records set at a Games). Up to three throws are allowed and only the winner of that particular event is afforded the opportunity. This is an added treat for spectators as they are able to see some extra fine throwing and it gives the athlete a chance to reach his best possible effort.

RECORDS: Commencing with this issue, world records will be the best known records, usually those listed in the Scottish Games Association Handbook, Dalkieth, Scotland. American records will be the best known official (reported) efforts of Americans (U.S. & Canada), thrown in the U.S. or abroad. All-comer records are best efforts thrown in the U.S., regardless of the nationality of the athlete.

JACKSONVILLE SCOTTISH GAMES: June 11, 1977 Jacksonville, Florida

Mandarin Episcopal Church, Mandarin, FL Attendance: 2,000

Results submitted by Peter Hoyt

The Jacksonville St. Andrews Society, organized in February, staged an exhibition Scottish Games with the intent of making it an annual event. All concerned did an outstanding job with the limited time available.

Pete Hoyt (Altamonte Springs, FL) demonstrated the Caber, Sheaf, 56 Wt for Ht and the 22 lb Hammer. Many of the attendees tried their hand at the events and only the extreme heat prevented the inclusion of the other three heavy events. Of the novice athletes, Wayne Holtzclaw (Jacksonville, FL) was particularly outstanding in the Sheaf and 22# Hammer.

22# HAMMER:

Hoyt..... 76'
Holtzclaw.. 72' 4"

SHEAF (20#):

Hoyt..... 18' 6"
Holtzclaw.. 17' 6"

56# WT FOR HT:

Hoyt..... 12'

NORTHERN CALIFORNIA CHAMPIONSHIP: July 31, 1977 Collins Polo Field

Pebble Beach, CA Submitted by John Ross

16# HAMMER:

Dick Shelton.. 106'
Keith Tice.... 105' 7 1/4"
John Ross..... 96' 2 1/4"

17# STONE:

Brett Mannon.. 46' 9"
Guy Gida..... 44' 1 1/2'
John Ross..... 41' 9"
Tom Galbos.... 41' 9"

28# WT:

John Ross..... 65' 11"
Keith Tice.... 64' 6"
Dick Shelton.. 55' 5"

56# WT FOR HT:

Ross..... 13' 8 1/2"
Tice..... 12' 9"
Mannon..... 11'

CABER:

J. Ross..... 12:00
Dan Hargan..... 10:30
Gordon Varnedoe.. N.T.

CHAMPIONSHIP (5-3-1):

John Ross..... 17 Pts.
Keith Tice.... 9 Pts.
Dick Shelton.. 6 Pts.
Brett Mannon.. 6 Pts.

SAN DIEGO SCOTTISH GAMES: August 7, 1977 San Diego, CA

Results submitted by Dick Shelton.

17# STONE:

K. Tice..... 44' 7 1/2"
J. Ross..... 44' 5"
D. Shelton... 38' 3 1/2"

28# WT:

K. Tice..... 67' 1"
J. Ross..... 64' 8 1/2"
D. Shelton.... 56' 1 1/2"

56# WT FOR HT:

J. Ross..... 13' 6"
K. Tice..... 13'
D. Shelton.... 12' 6"